

 **This is only a summary.** If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at [www.SouthCarolinaBlues.com](http://www.SouthCarolinaBlues.com) or by calling 1-800-868-2500, Ext. 41010.

Important Questions	Answers	Why this Matters:
<b>What is the overall deductible?</b>	\$3,100 single / \$6,200 family for in-network providers. \$0 single / \$0 family for out-of-network providers. Doesn't apply to preventive care, prescription drugs or in-network doctor's office visits (if copay applies). Copayments do not count toward the deductible.	You must pay all the costs up to the <b>deductible</b> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <b>deductible</b> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <b>deductible</b> .
<b>Are there other deductibles for specific services?</b>	Yes. \$0 person/family for Tier 4 prescription drugs. There are no other specific deductibles.	You must pay all of the costs for these services up to the specific <b>deductible</b> amount before this plan begins to pay for these services.
<b>Is there an out-of-pocket limit on my expenses?</b>	Yes; \$6,200 single / \$12,400 family for in-network providers. There is no out-of-pocket limit for out-of-network providers.	The <b>out-of-pocket limit</b> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
<b>What is not included in the out-of-pocket limit?</b>	Premiums; charges in excess of the allowed amount; amounts exceeding any maximum payments for benefits; or any expense not allowed according to any provisions of this coverage.	Even though you pay these expenses, they don't count toward the <b>out-of-pocket limit</b> .
<b>Does this plan use a network of providers?</b>	Yes. For a list of in-network providers, see <a href="https://www.SouthCarolinaBlues.com/links/tools/findadoctorsc">https://www.SouthCarolinaBlues.com/links/tools/findadoctorsc</a> or call 1-800-810-2583	If you use an in-network doctor or other health care <b>provider</b> , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <b>provider</b> for some services. Plans use the term in-network, <b>preferred</b> , or participating for <b>providers</b> in their <b>network</b> . See the chart starting on page 2 for how this plan pays different kinds of <b>providers</b> .
<b>Do I need a referral to see a specialist?</b>	No. You don't need a referral to see a specialist.	You can see the <b>specialist</b> you choose without permission from this plan.
<b>Are there services this plan doesn't cover?</b>	Yes	Some of the services this plan doesn't cover are listed in the Excluded Services and Other Covered Services section. See your policy or plan document for additional information about <b>excluded services</b> .

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- **Copayments** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- **Coinsurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is \$1,000, your **coinsurance** payment of 20% would be \$200. This may change if you haven't met your **deductible**.
- The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the **allowed amount** is \$1,000, you may have to pay the \$500 difference. (This is called **balance billing**.)
- This plan may encourage you to use in-network **providers** by charging you lower **deductibles, copayments** and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your cost if you use an		Limitations & Exceptions
		In-Network Provider	Out-Of-Network Provider	
If you visit a health care <u>provider's office</u> or clinic	Primary care visit to treat an injury or illness	\$35 copay/visit	50% coinsurance	Copay doesn't include surgery, outpatient lab and X-ray services (except for standard plain film X-rays), second surgical opinion, dialysis, chemotherapy, radiation therapy, specialty drugs, endoscopies and imaging.
	Specialist visit	\$60 copay/visit	50% coinsurance	Copay doesn't include surgery, outpatient lab and X-ray services (except for standard plain film X-rays), second surgical opinion, dialysis, chemotherapy, radiation therapy, specialty drugs, endoscopies and imaging.
	Other practitioner office visit	\$35 copay/visit	50% coinsurance	Coverage is limited to physician's assistant and nurse practitioners. Copay doesn't include surgery, outpatient lab and X-ray services (except for standard plain film X-rays), second surgical opinion, dialysis, chemotherapy, radiation therapy, specialty drugs, endoscopies and imaging.
	Preventive care/screening/immunization	No charge	Not covered	No charge for mammograms at a participating provider.
If you have a test	Diagnostic test (x-ray, blood work)	30% coinsurance	50% coinsurance	NONE

Common Medical Event	Services You May Need	Your cost if you use an		Limitations & Exceptions
		In-Network Provider	Out-Of-Network Provider	
	Imaging (CT/PET scans, MRIs)	30% coinsurance	50% coinsurance	No benefit if not preapproved.
<b>If you need drugs to treat your illness or condition</b>  More information about <b>prescription drug coverage</b> is available at <a href="http://www.SouthCarolinaBlues.com">www.SouthCarolinaBlues.com</a>	Tier 1	\$8 copay/prescription (retail) \$12 copay/prescription (mail-order)	50% coinsurance	Quantity limits may apply. Some drugs may require prior approval. No benefits if not approved. Drugs that are considered specialty drugs must be purchased from our Specialty Pharmacy.
	Tier 2	\$30 copay/prescription (retail) \$81 copay/prescription (mail-order)	50% coinsurance	Quantity limits may apply. Some drugs may require prior approval. No benefits if not approved. Drugs that are considered specialty drugs must be purchased from our Specialty Pharmacy.
	Tier 3	\$60 copay/prescription (retail) \$162 copay/prescription (mail-order)	50% coinsurance	Quantity limits may apply. Some drugs may require prior approval. No benefits if not approved. Drugs that are considered specialty drugs must be purchased from our Specialty Pharmacy.
	Tier 4	10% up to \$200 copay/prescription	Not covered	Prescription drug deductible applies. Quantity limits may apply. Some drugs may require prior approval. No benefits if not approved. Drugs that are considered specialty drugs must be purchased from our Specialty Pharmacy.
<b>If you have outpatient surgery</b>	Facility fee (e.g., ambulatory surgery center)	30% coinsurance	50% coinsurance	50% reduction of allowed amount if not preapproved for hysterectomy or septoplasty. Cosmetic surgery is not covered.
	Physician/surgeon fees	30% coinsurance	50% coinsurance	50% reduction of allowed amount if not preapproved for hysterectomy or septoplasty. Cosmetic surgery is not covered.

Common Medical Event	Services You May Need	Your cost if you use an		Limitations & Exceptions
		In-Network Provider	Out-Of-Network Provider	
If you need immediate medical attention	Emergency room services	30% coinsurance	Facility charges only - 30% coinsurance. All other charges - 50% coinsurance.	NONE
	Emergency medical transportation	30% coinsurance	50% coinsurance	NONE
	Urgent care	\$60 copay/visit	50% coinsurance	Copay doesn't include surgery, outpatient lab and X-ray services (except for standard plain film X-rays), second surgical opinion, dialysis, chemotherapy, radiation therapy, specialty drugs, endoscopies and imaging.
If you have a hospital stay	Facility fee (e.g., hospital room)	30% coinsurance	50% coinsurance	Room and board denied if stay is no preapproved. No benefits for human organ/tissue transplant if not preapproved and at designated provider.
	Physician/surgeon fee	30% coinsurance	50% coinsurance	No benefits for human organ/tissue transplant if not preapproved and at designated provider.
If you have mental health, behavioral health, or substance abuse needs	Mental/Behavioral health outpatient services	30% coinsurance	50% coinsurance	\$35 copay/visit for in-network office visit. No benefits for psychological testing, repetitive Transcranial Magnetic Stimulation, intensive outpatient services, partial hospitalization and electroconvulsive therapy if not preapproved.
	Mental/Behavioral health inpatient services	30% coinsurance	50% coinsurance	No benefits if not preapproved.

Common Medical Event	Services You May Need	Your cost if you use an		Limitations & Exceptions
		In-Network Provider	Out-Of-Network Provider	
	Substance use disorder outpatient services	30% coinsurance	50% coinsurance	\$35 copay/visit for in-network office visit. No benefits for psychological testing, repetitive Transcranial Magnetic Stimulation, intensive outpatient services, partial hospitalization and electroconvulsive therapy if not preapproved.
	Substance use disorder inpatient services	30% coinsurance	50% coinsurance	No benefits if not preapproved.
<b>If you are pregnant</b>	Prenatal and postnatal care	30% coinsurance	50% coinsurance	NONE
	Delivery and all inpatient services	30% coinsurance	50% coinsurance	No benefits for termination of pregnancy, except in limited circumstances.
<b>If you need help recovering or have other special health needs</b>	Home health care	30% coinsurance	50% coinsurance	Limited to 60 visits/year. No benefits if not preapproved.
	Rehabilitation services	30% coinsurance	50% coinsurance	Outpatient physical, occupational and speech therapy limited to 30 visits/year combined. No inpatient benefits if not preapproved.
	Habilitation services	30% coinsurance	50% coinsurance	Outpatient physical, occupational and speech therapy limited to 30 visits/year combined. No inpatient benefits if not preapproved.
	Skilled nursing care	30% coinsurance	50% coinsurance	Limited to 60 days/year. Room and board denied if stay is not preapproved.
	Durable medical equipment	30% coinsurance	Not covered	Excludes repair of, replacement of and duplicate. No benefits if not preapproved when cost is \$500 or more.
	Hospice service	30% coinsurance	50% coinsurance	Limited to 6 months/episode. No benefits if not preapproved.

Common Medical Event	Services You May Need	Your cost if you use an		Limitations & Exceptions
		In-Network Provider	Out-Of-Network Provider	
If your child needs dental or eye care	Eye exam	\$25 copay	Not covered	Limited to one eye exam per benefit period.
	Glasses	\$50 copay	Not covered	Limited to once every benefit period for lenses and every two years for frames. Contacts covered only when medically necessary.
	Dental check-up	Not covered	Not covered	NONE

### Excluded Services & Other Covered Services:

**Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)**

- Acupuncture
- Cosmetic surgery
- Infertility treatment
- Residential and custodial care
- Termination of pregnancy
- Bariatric surgery
- Dental care (Child)
- Long-term care
- Routine eye care (Adult)
- Varicose veins treatment
- Chiropractic care
- Hearing aids
- Private duty nursing
- Routine foot care
- Weight loss programs

**Other Covered Services. (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)**

- Dental care (Adult)
- Non-emergency care when traveling outside the U.S. See [www.SouthCarolinaBlues.com/members/findaprovider.aspx](http://www.SouthCarolinaBlues.com/members/findaprovider.aspx)

## **Your Rights to Continue Coverage:**

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-800-868-2500, ext. 41010. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or [www.dol.gov/ebsa](http://www.dol.gov/ebsa), or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or [www.cciio.cms.gov](http://www.cciio.cms.gov).

## **Your Grievance and Appeals Rights:**

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact: the plan at 1-800-868-2500, ext. 41000 or visit [www.SouthCarolinaBlues.com](http://www.SouthCarolinaBlues.com), the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform), your state office of health insurance customer assistance at: 1-800-768-3467 or visit [www.doi.sc.gov](http://www.doi.sc.gov).

## **Does this Coverage Provide Minimum Essential Coverage?**

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage."**This plan or policy does provide minimum essential coverage.**

## **Does this Coverage Meet the Minimum Value Standard?**

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value).**This health coverage does meet the minimum value standard for the benefits it provides.**

Spanish: Para obtener asistencia en español, llame al número de atención al cliente que aparece en la primera página de esta notificación.

*To see examples of how this plan might cover costs for a sample medical situation, see the next page.*

## About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



**This is not a cost estimator.**

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

### Having a baby (normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$2,990
- Patient pays \$4,550

#### Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
<b>Total</b>	<b>\$7,540</b>

#### Patient pays:

Deductibles	\$3,100
Co-pays	\$10
Co-insurance	\$1,250
Limits or exclusions	\$190
<b>Total</b>	<b>\$4,550</b>

### Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$2,440
- Patient pays \$2,960

#### Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
<b>Total</b>	<b>\$5,400</b>

#### Patient pays:

Deductibles	\$2,420
Co-pays	\$320
Co-insurance	\$0
Limits or exclusions	\$220
<b>Total</b>	<b>\$2,960</b>



## Questions and answers about the Coverage Examples:

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### What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

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### What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how **deductibles**, **copayments**, and **coinsurance** can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

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### Does the Coverage Example predict my own care needs?

- ✗ **No.** Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

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### Does the Coverage Example predict my future expenses?

- ✗ **No.** Coverage Examples are **not** cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your **providers** charge, and the reimbursement your health plan allows.

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### Can I use Coverage Examples to compare plans?

- ✓ **Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

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### Are there other costs I should consider when comparing plans?

- ✓ **Yes.** An important cost is the **premium** you pay. Generally, the lower your **premium**, the more you'll pay in out-of-pocket costs, such as **copayments**, **deductibles**, and **coinsurance**. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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