

## What Employers Should Know About HIPAA



Erin DeBartelo, PHR, SHRM-CP Principal Hotline Advisor



Laura Kerekes, SPHR, SHRM-SCP Chief Knowledge Officer



- This session is being recorded.
- Download the slides and handouts on the handouts widget.
- You will receive a link to the recording after the webinar.
- We will provide the HRCI and SHRM codes at the end of the webinar.
- Ask questions using the question box. Our hotline team will answer your questions within the next few days.

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## **HIPAA Definitions**











Applies to covered entities and business associates

#### Covered entities include:

- "Covered health care providers" (electronic transactions)
- Health care clearinghouses
- Health plans



#### Health Care Provider

Any person or organization who during the normal course of business:

- furnishes health care
- bills for health care, or
- is paid for health care



## Health Care Clearinghouse

Processes health information data content/format for another entity from non-standard to standard or vice versa.



## Group Health Plan

Any individual, group plan, or combination that provides or pays for the cost of medical care

#### Examples:

- Health insurance issuers
- HMOs
- Group Health Plans
- Medicare, Parts A and B
- Medicare + Choice
- Medicaid



All health plans are covered

Entities not considered health plans:

- Excepted benefit plans
- Certain government funded programs



## Exempt organizations include most:

- Schools and school districts
- State and municipal agencies and offices
- Law enforcement agencies
- Workers' compensation and life insurance carriers
- Employers with fully insured group health plans that obtain doctors' notes to administer sick leave, wellness plans or workers' compensation.







#### And:

Employers sponsoring self-funded (self-insured) HIPAA-covered group health plans ARE SUBJECT to HIPAA



#### **Business Associates**

Contractors, subcontractors and other outside persons or companies with access to personal health information when providing services

- Billing and claims processing companies
- Companies storing/destroying medical records
- Health plan administration companies
- Outside legal, financial or technical experts



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## Privacy and Security Rules



## Privacy Rule

## Goals of the Privacy Rule

- Protect individual health information while allowing that information to be shared between providers to promote quality health care and public safety
- Set limits for who can obtain that health information in all formats (oral, paper, electronic)
- Enable individuals to know how that protected personal information has been disclosed
- Gives patients the right to examine their health records and request corrections



## Privacy Rule

## Health Plan Requirements

- Notify participants of their rights and how their information can be used
- Adopt privacy procedures
- Train employees on privacy rules
- Designate a privacy officer or someone to oversee these privacy rules and procedures
- Adopt systems and processes to secure PHI



## Privacy Rule

#### PHI includes:

- Past, present or future physical or mental health condition
- Description of health care provided
- Past, present, or future payment for health care provided that either identifies the individual or reasonably could be used to identify the individual
- Individually identifiable health information with common identifiers (e.g., name, address, birth date, Social Security Number)







## Goals of the Security Rule

- Establishes national standards to protect individuals' electronic personal health information that is created, received, used, or maintained by a covered entity
- Requires appropriate administrative, physical and technical safeguards to ensure the confidentiality, integrity, and security of electronic protected health information



## Who is covered by the Security Rule?

Health Plans, Health Care Clearinghouses, and any Health Care Provider who transmits health information in electronic form

## What information is protected?

Electronic Protected Health Information: PHI in electronic form (not PHI transmitted orally or in writing)



## Safeguards for e-PHI

- Ensure confidentiality, integrity, and availability of all e-PHI created, received, maintained or transmitted;
- Identify and protect against reasonably anticipated threats to the security or integrity of the information;
- Protect against reasonably anticipated, impermissible uses or disclosures; and
- Ensure compliance by company employees



### Covered entities should consider the following:

- Organization size, complexity, and capabilities
- Technical, hardware, and software infrastructure
- Cost
- Likelihood and possible impact of potential risks to e-PHI



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# Managing HIPAA requirements



## Employer Role in Managing HIPAA

#### **Reminders and Cautions**

- While HIPAA may not apply because you collect some employee health information, HIPAA affects you in the process of getting the information from covered health care providers
- Important as you collect information for FMLA or ADA reasons (need valid patient authorization for disclosure of PHI)
- Generally not so under Workers' Compensation, but check state rules



## Employer Role in Managing HIPAA

# For employers with self-funded group health plans, establish your HIPAA privacy and security plans

- Limit access to PHI—only to employees who perform plan administration functions
- Train these employees to understand obligations for the Privacy Rule
- Implement the physical, technical and administrative safeguards in the Security Rule for electronic PHI



## Employer Role in Managing HIPAA

# For employers with self-funded group health plans, establish your HIPAA privacy and security plans

- Notify plan participants when a security breach occurs
- Don't disclose PHI to "business associates" until they sign the BA agreement
- Notify employees of your privacy practices
- Establish your policies and procedures to administer HIPAA rules
- Make sure your plan documents reflect the HIPAA rules



## Final Thoughts

#### **Ensure that:**

- 1. You have a HIPAA privacy policy in your employee handbook.
- 2. Any staff who may come in contact with benefits-related information are trained on the basics of HIPAA privacy. Document that training was completed.
- 3. All enrollment forms, bills and anything related to GHP is maintained in a locked private area. Be sure any electronic information is password protected and not available on a company-wide intranet or access point.
- 4. You have a Business Associate Contract with any person or vendor your company does business with who may come into contact with benefit-related information



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## ThinkHR Support



## Accessing Your ThinkHR Resources



