Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: 10/1/2016 - 9/30/2017 Coverage for: Individual | Plan Type: PPO



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at www.paisc.com or by calling 1-800-768-4375.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	\$500 person / \$1,000 family.  Doesn't apply to preventive care and copays don't count toward the deductible.	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an <u>out-of-</u> <u>pocket limit</u> on my expenses?	Yes. In-Network: <b>\$2,500</b> person / <b>\$5,000</b> family. Out-Network: <b>\$2,500</b> person / <b>\$5,000</b> family.	The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, penalties, balanced-billed charges, vision expenses and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes specific coverage limits, such as limits on the number of office visits.
Does this plan use a network of providers?	Yes. See www.paisc.com or call 1-800-768-4375 for a list of participating providers.	If you use an in-network doctor or other health care <b>provider</b> , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <b>provider</b> for some services. Plans use the term in-network, <b>preferred</b> , or participating for <b>providers</b> in their <b>network</b> . See the chart starting on page 2 for how this plan pays different kinds of <b>providers</b> .
Do I need a referral to see a specialist?	No. You don't need a referral to see a specialist.	You can see the <b>specialist</b> you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 6. See your policy or plan document for additional information about <b>excluded services</b> .

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- Copayments are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>co-insurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use <u>participating providers</u> by charging you lower <u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u> amounts.

Common Medical Event	Services You May Need	Your Cost If You Use a Participating Provider	Your Cost If You Use a Non- Participating Provider	Limitations & Exceptions
	Primary care visit to treat an injury or illness	\$30/visit 0% coinsurance	40% coinsurance after deductible	Includes Primary Care Visits for Mental/Behavioral Health and Substance Use Disorder
	Specialist visit	\$30/visit 0% coinsurance	40% coinsurance after deductible	none
If you visit a health care provider's office	Other practitioner office visit	\$30/visit 0% coinsurance	40% coinsurance after deductible	none
or clinic	Preventive care/screening/immunization	No Charge	40% coinsurance after deductible	Adult Pap Smears and Prostate Screenings are covered one per Benefit Year In/Out of Network (Benefit Year is from October 1st-September 30th.) To see a full list of services provided at no charge please visit www.healthcare.gov
If you have a test	Diagnostic test (x-ray, blood work)	\$30/visit 0% coinsurance	40% coinsurance after deductible	Tests associated with an office visit but billed separately: 30% coinsurance after deductible In Network and 40% coinsurance after deductible Out of Network

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	Imaging (CT/PET scans, MRIs)	30% coinsurance after deductible	40% coinsurance after deductible	none
	Generic drugs	\$10 copay/ prescription (retail) \$20 copay/ prescription (mail order)	30% coinsurance after deductible (retail and mail order)	There is a separate Rx Out of Pocket
If you need drugs to treat your illness or condition  More information about prescription drug coverage is available at www.paisc.com.	Preferred brand drugs	\$35 copay/ prescription (retail) \$70 copay/ prescription (mail order)	30% coinsurance after deductible (retail and mail order)	Maximum of \$4,000 Individual / \$8,000 Family. Once member meets their Rx Out of Pocket Maximum, member pays zero cost for Rx.  Covers up to 34 day supply (retail prescription); 90 day supply (mail order prescription)  For questions regarding Specialty drug cost please contact CVS Caremark Specialty Pharmacy at 1-800-237-2767.
	Non-preferred brand drugs	\$70 copay/ prescription (retail) \$140 copay/ prescription (mail order)	30% coinsurance after deductible (retail and mail order)	
	Specialty drugs	\$100 copay/ prescription (retail) \$200 copay/ prescription (mail order)	30% coinsurance after deductible (retail and mail order)	
If you have	Facility fee (e.g., ambulatory surgery center)	30% coinsurance after deductible	40% coinsurance after deductible	none
outpatient surgery	Physician/surgeon fees	30% coinsurance after deductible	40% coinsurance after deductible	none

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If you need immediate medical	Emergency room services	30% coinsurance after deductible	30% coinsurance after deductible	none
attention	Emergency medical transportation	30% coinsurance after deductible	30% coinsurance after deductible	none
	Urgent care	\$30/visit 0% coinsurance	40% coinsurance after deductible	none
If you have a	Facility fee (e.g., hospital room)	30% coinsurance after deductible	40% coinsurance after deductible	Pre-Authorization Required; room and board charges will be denied if not obtained.
hospital stay	Physician/surgeon fee	30% coinsurance after deductible	40% coinsurance after deductible	none
	Mental/Behavioral health outpatient services	30% coinsurance after deductible	40% coinsurance after deductible	Pre-Authorization Required
If you have mental health, behavioral	Mental/Behavioral health inpatient services	30% coinsurance after deductible	40% coinsurance after deductible	Pre-Authorization Required, room and board charges will be denied if not obtained.
health, or substance abuse needs	Substance use disorder outpatient services	30% coinsurance after deductible	40% coinsurance after deductible	Pre-Authorization Required
	Substance use disorder inpatient services	30% coinsurance after deductible	40% coinsurance after deductible	Pre-Authorization Required, room and board charges will be denied if not obtained.
If you are present	Prenatal and postnatal care	30% coinsurance after deductible	40% coinsurance after deductible	none
If you are pregnant	Delivery and all inpatient services	30% coinsurance after deductible	40% coinsurance after deductible	Pre-Authorization Required; room and board charges will be denied if not obtained.

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	Home health care	30% coinsurance after deductible	40% coinsurance after deductible	Limited to 100 visits per Benefit Year
IC a mandlada	Rehabilitation services	30% coinsurance after deductible	40% coinsurance after deductible	Pre-Authorization Required, patient must pay the first \$500 in payable charges if not obtained
If you need help recovering or have	Habilitation services	30% coinsurance after deductible	40% coinsurance after deductible	Same as above
other special health needs	Skilled nursing care	30% coinsurance after deductible	40% coinsurance after deductible	Within 7 days of a 5 day stay; 60 days per Benefit Year Maximum
	Durable medical equipment	30% coinsurance after deductible	40% coinsurance after deductible	Pre-Authorization required for equipment \$500 or more.
	Hospice service	30% coinsurance after deductible	40% coinsurance after deductible	Limited to 30 days Inpatient—40 visits Outpatient per Benefit Year
If your child needs	Eye exam	No Charge	No Charge	Per Employee Benefit Year Limit \$300 Per Dependent Benefit Year Limit \$200
dental or eye care	Glasses	No Charge	No Charge	Same as above; Exam/Glasses Limit Combined
	Dental check-up	Not Covered	N/A	Covered under Delta Dental Policy

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#### **Excluded Services & Other Covered Services:**

### Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

• Acupuncture	Infertility treatment		
1	• Long-term care	•	Routine foot care
Bariatric surgery	Non-emergency care when traveling outside	•	Weight loss programs
Cosmetic surgery	the U.S.		

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

• Chiropractic care

- Hearing Impairment
- Private-duty nursing

• Routine eye care

### **Your Rights to Continue Coverage:**

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the **premium** you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-800-768-4375. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <a href="www.dol.gov/ebsa/">www.dol.gov/ebsa/</a>, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or <a href="www.cciio.cms.gov">www.cciio.cms.gov</a>.

### **Your Grievance and Appeals Rights:**

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to appeal or file a grievance. For questions about your rights, this notice, or assistance, you can contact: PAI at 1-800-768-4375 or your employer's human resources department at 1-803-255-8484. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA(3272) or <a href="https://www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>

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### **Does this Coverage Provide Minimum Essential Coverage?**

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage."

This plan or policy does provide minimum essential coverage.

### **Does this Coverage Meet the Minimum Value Standard?**

Spanish (Español): Para obtener asistencia en Español Ilame al 1 800 768 4375

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value).

This health coverage does meet the minimum value standard for the benefits it provides.

### **Language Access Services:**

Spanish (Espanoi). Fara obtener asistencia en Espanoi, name ar 1-000-700-4575.	
————————————To see examples of how this plan might cover costs for a sample medical situation, see the next page.—	
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# **About these Coverage Examples:**

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



# This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

# Having a baby

(normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$4,580
- Patient pays \$2,960

#### Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	<b>\$</b> 900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
Total	\$7,540

#### Patient pays:

Deductibles	\$1,000
Copays	\$0
Coinsurance	\$1,960
Limits or exclusions	\$0
Total	\$2,960

## **Managing type 2 diabetes**

(routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$3,220
- Patient pays \$2,180

#### Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

#### Patient pays:

Deductibles	\$500
Copays	\$300
Coinsurance	\$1,380
Limits or exclusions	\$0
Total	\$2,180

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# Questions and answers about the Coverage Examples:

# What are some of the assumptions behind the Coverage Examples?

- Costs don't include <u>premiums</u>.
- Sample care costs are based on national averages supplied by the U.S.
   Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork <u>providers</u>. If the patient had received care from out-of-network <u>providers</u>, costs would have been higher.

# What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

# Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

# Does the Coverage Example predict my future expenses?

No. Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your <u>providers</u> charge, and the reimbursement your health plan allows.

# Can I use Coverage Examples to compare plans?

Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

# Are there other costs I should consider when comparing plans?

Yes. An important cost is the <u>premium</u> you pay. Generally, the lower your <u>premium</u>, the more you'll pay in out-of-pocket costs, such as <u>copayments</u>, <u>deductibles</u>, and <u>coinsurance</u>. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.