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# Try Generics Drug List

The Try Generics Drug List gives you and your doctor many choices. It also helps make sure you know when a generic could treat your health condition. The Try Generics Drug List will help you make good choices about the medications you take. It will also help you ask your doctor or pharmacist the right questions about your medication needs. The more you know, the better choices you make!

## What Is the Try Generics Drug List?

It's a list of medications that have a step-therapy requirement. Step therapy groups medications into a series of "steps" that require members to try cost-effective "First Choice" medications before more expensive "Second Choice" medications. In some cases, you can use an alternative brand-name medication without trying a First Choice medication. First Choice medications often work as well as Second Choice medications.

If none of the First Choice or alternative brand drugs are right for you, ask your doctor to call the Caremark Prior Authorization department at 800-294-5979. Caremark is an independent company that assists in the administration of the prescription drug program on behalf of BlueCross. Your doctor can also fax requests to Caremark at 888-836-0730. If your exception request is approved, your plan will cover the Second Choice medications at your highest plan's copayment. If you don't try a First Choice medication or you don't get an exception, your plan will not cover the Second Choice medications, and you will pay 100 percent of the cost for them.

We base the Try Generics Drug List on U.S. Food and Drug Administration (FDA) and manufacturer dosing guidelines, medical literature, safety, accepted medical practice, appropriate use and benefit design. The Try Generics Drug List only affects the medications your benefit plan covers. You and your doctor should make the final decision about the medications that are right for you.

## What Medications Are Included?

See the First Choice and Second Choice medications by conditions they are used to treat in this chart. We list any alternative brand-name medications in the last column on the right.

Condition used to treat	You must try these first or your doctor must request an exception for you ...	... before you can get coverage for these	Or ask your doctor about these:
	<b>First Choice Medications</b>	<b>Second Choice Medications</b>	<b>Alternative Brand-Name Medications</b>
Acne	generic topical tretinoin products	Atralin, Avita, Differin, Retin-A, Retin-A Micro, Tazorac, Tretin-X, Veltin, Ziana	No brand-name drugs available
Acne	immediate-release minocycline <b>AND one of these:</b> doxycycline, erythromycin, tetracycline	Solodyn	No brand-name drugs available
Allergies	<b>ONE of these:</b> Beconase AQ, Flonase, flunisolide nasal, fluticasone nasal (generic Flonase), Nasacort AQ, Nasonex, Omnaris, Rhinocort Aqua, triamcinolone nasal (generic Nasacort AQ), Veramyst <b>AND one of these:</b> OTC Alavert, OTC Alavert D-12, OTC Allegra, OTC Allegra-D, OTC Claritin, OTC Claritin-D, OTC store brands, OTC Zyrtec, OTC Zyrtec-D	montelukast (generic Singulair), Singulair	No brand-name drugs available
Allergies or Hives	OTC Alavert, OTC Alavert D-12, OTC Allegra, OTC Allegra-D, OTC Claritin, OTC Claritin-D, OTC store brands, OTC Zyrtec, OTC Zyrtec-D	Clarinex, Clarinex-D, desloratadine (generic Clarinex), levocetirizine (generic Xyzal), Xyzal	No brand-name drugs available
Arthritis/Pain	ibuprofen (generic Advil), indomethacin, meloxicam (generic Mobic), naproxen (generic Anaprox, Naprosyn) and all other generic non-steroidal anti-inflammatory drugs (NSAIDs)	Arthrotec, Celebrex (other than 400 mg), diclofenac sodium delayed-rel/misoprostol (generic Arthrotec), Flector, Nalfon, Naprelan, Zipsor, and all other brand NSAIDs	No brand-name drugs available
Asthma	Advair, Alvesco, Asmanex, budesonide suspension (generic Pulmicort Respules), Dulera, Flovent, Pulmicort Flexhaler, QVAR, Symbicort	montelukast (generic Singulair), Singulair	No brand-name drugs available
Asthma	No generics available; try the brand-name drug, ProAir HFA	Maxair, Proventil HFA, Ventolin HFA, Xopenex HFA	ProAir HFA

Condition used to treat	You must try these first or your doctor must request an exception for you ...	... before you can get coverage for these	Or ask your doctor about these:
	First Choice Medications	Second Choice Medications	Alternative Brand-Name Medications
Bipolar/Schizophrenia	olanzapine (generic Zyprexa), quetiapine (generic Seroquel), risperidone (generic Risperdal), ziprasidone (generic Geodon)	Abilify, Clozaril, Fanapt, Geodon, Invega, Latuda, Risperdal, Saphris, Seroquel, Zyprexa	Seroquel XR
Bladder Problems	oxybutynin, oxybutynin ext-rel (generic Ditropan XL), tolterodine (generic Detrol), trospium (generic Sanctura)	Ditropan XL, Enablex, Myrbetriq, Oxytrol, Sanctura, Sanctura XR, Toviaz, trospium ext-rel (generic Sanctura XR)	Gelnique, Vesicare
Depression	venlafaxine, venlafaxine ext-rel (generic Effexor XR)	Effexor XR, Pristiq	No brand-name drugs available
Depression/Obsessive-Compulsive Disorder	citalopram (generic Celexa), escitalopram (generic Lexapro), fluoxetine (generic Prozac), fluvoxamine, paroxetine (generic Paxil), paroxetine ext-rel (generic Paxil CR), sertraline (generic Zoloft)	Celexa, Lexapro, Luvox CR, Paxil, Paxil CR, Pexeva, Prozac, Zoloft	No brand-name drugs available
Gout	allopurinol, probenecid	Uloric	No brand-name drugs available
Heartburn or Acid Reflux	lansoprazole (generic Prevacid), omeprazole (generic Prilosec), pantoprazole (generic Protonix), Prevacid 24 HR OTC, Prilosec OTC, Zegerid OTC	Aciphex, Dexilant, Nexium, omeprazole-sodium bicarbonate (generic Zegerid capsules), Prevacid, Prilosec, Protonix, Zegerid	No brand-name drugs available
High Triglycerides	fenofibrate (generic Lofibra, Tricor), fenofibric acid (generic Fibracor)	Antara, Fenoglide, Fibracor, Lipofen, Lofibra, Tricor, Triglide, Trilipix	No brand-name drugs available
Migraine Headaches	naratriptan (generic Amerge), sumatriptan (generic Imitrex)	Alsuma, Amerge, Axert, Frova, Imitrex, Relpax, Sumavel DosePro, Treximet, Zomig	Maxalt
Osteoporosis	alendronate (generic Fosamax), ibandronate (generic Boniva)	Actonel, Atelvia, Binosto, Boniva, Fosamax, Fosamax Plus D	No brand-name drugs available
Psoriasis	<b>TWO of these:</b> Aclovate, alclometasone, amcinonide, betamethasone, clobetasol, Clobex, Cloderm, Cordran, Cutivate, Dermatop, Desonate, desonide, DesOwen, desoximetasone, diflorasone, Diprolene, Elocon, fluocinolone, fluocinonide, fluticasone, halobetasol, Halog, hydrocortisone, Kenalog Spray, Luxiq, mometasone, Olux, prednicarbate, Temovate, Topicort, triamcinolone, Ultravate, Verdeso	Tazorac	No brand-name drugs available

### Are Generic Drugs Safe?

Absolutely! Generic drugs must meet the same strict FDA manufacturing standards as brand-name drugs. The color and shape of a generic drug may be different from its brand-name counterpart, but the active ingredients are the same for both. Generic drugs become available when patents expire on brand-name drugs. They tend to cost less than brand-name drugs because the companies that make them do not have the same development costs as makers of new drugs. When you use a generic drug, you get the same quality as a brand-name drug — at a lower cost.

### Does My Plan Cover Other Drugs?

Yes! Other drugs your plan covers are listed here by the condition they're used to treat. The amount you will pay for these drugs is based on their Preferred Drug List tier. We list generics first and in *italics*. You will pay the lowest copayment or coinsurance under your plan for any generics you use. We list preferred brand-name drugs in all capital letters after the generic drugs. You will pay a higher copayment or coinsurance for any preferred brand-name drugs you use. We do not list non-preferred brand-name drugs in this brochure. You will pay the highest copayment or coinsurance for any non-preferred brand-name drugs you use.

### What Is a Preferred Drug List?

A Preferred Drug List (PDL) is a list of medications chosen for their clinical value and cost-effectiveness by a group of doctors and pharmacists. A PDL gives you and your doctor the freedom to choose the medication that works best for you. Tier 1 drugs (lowercase letters) are generic drugs. For the lowest out-of-pocket expense, you should always choose Tier 1 drugs if you and your doctor decide they are right for you. Tier 2 drugs are preferred brand-name drugs. Consider Tier 2 drugs if there is not a Tier 1 drug for your condition. Tier 3 drugs are non-preferred and will usually cost you more. If you are using a Tier 3 drug, talk to your doctor about using Tier 1 and 2 drugs first. **NOTE:** When a generic becomes available, most of the time the brand-name drug will automatically move to the 3rd tier. Since there may be more than one drug available for your medical condition, we urge you to use generic and preferred brand-name drugs whenever possible to help manage your prescription costs.

**ANTI-INFECTIVES****ANTIBACTERIALS****§ CEPHALOSPORINS**

cefaclor  
 cefdinir  
 cephalixin

**§ ERYTHROMYCINS /  
MACROLIDES**

azithromycin  
 clarithromycin  
 clarithromycin ext-rel  
 erythromycins

**§ FLUOROQUINOLONES**

ciprofloxacin ext-rel  
 ciprofloxacin tablet  
 levofloxacin  
 CIPRO SUSPENSION

**§ PENICILLINS**

amoxicillin  
 amoxicillin-clavulanate  
 dicloxacillin  
 penicillin VK

**§ TETRACYCLINES**

doxycycline hyclate  
 minocycline  
 tetracycline

**§ ANTIFUNGALS**

fluconazole  
 itraconazole  
 terbinafine tablet

**ANTIVIRALS****§ HERPES AGENTS**

acyclovir  
 valacyclovir

**§ INFLUENZA AGENTS**

amantadine  
 rimantadine  
 RELENZA  
 TAMIFLU

**§ MISCELLANEOUS**

metronidazole  
 sulfamethoxazole-  
 trimethoprim

**CARDIOVASCULAR****§ ACE INHIBITORS**

fosinopril  
 lisinopril  
 quinapril  
 ramipril

**§ ACE INHIBITOR /  
CALCIUM CHANNEL  
BLOCKER  
COMBINATIONS**

amlodipine-benazepril

**§ ACE INHIBITOR /  
DIURETIC  
COMBINATIONS**

fosinopril-  
 hydrochlorothiazide  
 lisinopril-  
 hydrochlorothiazide

quinapril-  
 hydrochlorothiazide

**§ ANGIOTENSIN II  
RECEPTOR  
ANTAGONISTS /  
DIURETIC  
COMBINATIONS**

irbesartan / irbesartan-  
 hydrochlorothiazide  
 losartan / losartan-  
 hydrochlorothiazide  
 valsartan-  
 hydrochlorothiazide  
 BENICAR /  
 BENICAR HCT  
 MICARDIS /  
 MICARDIS HCT

**ANGIOTENSIN II  
RECEPTOR ANTAGONIST /  
CALCIUM CHANNEL  
BLOCKER  
COMBINATIONS**

AZOR  
 TWYNSTA

**ANGIOTENSIN II  
RECEPTOR ANTAGONIST /  
CALCIUM CHANNEL  
BLOCKER / DIURETIC  
COMBINATIONS**

TRIBENZOR

**ANTILIPEMICS****§ BILE ACID RESINS**

cholestyramine  
 WELCHOL

**CHOLESTEROL  
ABSORPTION INHIBITORS**

ZETIA

**§ FIBRATES**

fenofibrate

**§ HMG-CoA REDUCTASE  
INHIBITORS**

atorvastatin  
 fluvastatin  
 pravastatin  
 simvastatin

**NIACINS /  
COMBINATIONS**

NIASPAN  
 SIMCOR

**§ BETA-BLOCKERS**

atenolol  
 carvedilol  
 metoprolol  
 metoprolol  
 succinate ext-rel  
 nadolol  
 propranolol  
 BYSTOLIC

**§ CALCIUM CHANNEL  
BLOCKERS**

amlodipine  
 diltiazem ext-rel  
 nifedipine ext-rel  
 verapamil ext-rel

**§ CALCIUM CHANNEL  
BLOCKER / ANTILIPEMIC  
COMBINATIONS**

amlodipine-atorvastatin

**§ DIGITALIS GLYCOSIDES**

digoxin

**§ DIURETICS**

furosemide  
 hydrochlorothiazide  
 metolazone  
 spironolactone-  
 hydrochlorothiazide  
 torsemide  
 triamterene-  
 hydrochlorothiazide

**CENTRAL NERVOUS  
SYSTEM****ANTIDEPRESSANTS****§ SELECTIVE SEROTONIN  
REUPTAKE INHIBITORS  
(SSRIs)**

citalopram  
 escitalopram  
 fluoxetine  
 paroxetine  
 paroxetine ext-rel  
 sertraline

**§ SEROTONIN  
NOREPINEPHRINE  
REUPTAKE INHIBITORS  
(SNRIs)<sup>1</sup>**

venlafaxine  
 venlafaxine ext-rel  
 CYMBALTA

**§ MISCELLANEOUS  
AGENTS**

bupropion  
 bupropion ext-rel  
 mirtazapine

**§ HYPNOTICS,  
NONBENZODIAZEPINES**

zaleplon  
 zolpidem  
 ROZEREM

**MIGRAINE****§ SELECTIVE SEROTONIN  
AGONISTS**

naratriptan  
 sumatriptan  
 MAXALT

**ENDOCRINE AND  
METABOLIC****ANDROGENS**

ANDRODERM  
 AXIRON  
 FORTESTA

**ANTIDIABETICS****§ BIGUANIDES**

metformin  
 metformin ext-rel

**§ BIGUANIDE /  
SULFONYLUREA  
COMBINATIONS**

glipizide-metformin

**DIPEPTIDYL PEPTIDASE-4  
(DPP-4) INHIBITORS**

JANUVIA  
 ONGLYZA

**DIPEPTIDYL PEPTIDASE-4  
(DPP-4) INHIBITOR /  
BIGUANIDE  
COMBINATIONS**

JANUMET  
 JANUMET XR  
 KOMBIGLYZE XR

**INCRETIN MIMETIC  
AGENTS**

BYETTA  
 VICTOZA

**INSULINS**

APIDRA  
 HUMALOG  
 HUMULIN  
 LANTUS  
 LEVEMIR  
 NOVOLIN  
 NOVOLOG

**§ INSULIN SENSITIZERS**

pioglitazone  
 ACTOS

**§ INSULIN SENSITIZER /  
BIGUANIDE  
COMBINATIONS**

pioglitazone-metformin  
 ACTOPLUS MET

**INSULIN SENSITIZER /  
SULFONYLUREA  
COMBINATIONS**

DUETACT

**§ MEGLITINIDES**

nateglinide  
 PRANDIN

**§ SULFONYLUREAS**

glimepiride  
 glipizide  
 glipizide ext-rel

**SUPPLIES**

ACCU-CHEK STRIPS  
 AND KITS  
 BD INSULIN SYRINGES  
 AND NEEDLES  
 ONETOUCH STRIPS  
 AND KITS

**CALCIUM REGULATORS****§ BISPHOSPHONATES**

alendronate  
 ibandronate

**§ CALCITONINS**

calcitonin-salmon

**PARATHYROID  
HORMONES**

FORTEO

**CONTRACEPTIVES****§ MONOPHASIC**

ethinyl estradiol-  
 drospirenone  
 (gianvi, ocella)  
 ethinyl estradiol-  
 levonorgestrel  
 (aviane, levora)

**§ EXTENDED CYCLE**

amethia  
 amethia lo  
 camrese  
 camrese lo  
 ethinyl estradiol-  
 levonorgestrel

**TRANSDERMAL**

ORTHO EVRA

**VAGINAL**

NUVARING

**ESTROGENS****§ ORAL**

estradiol  
 estropiate  
 ENJUVIA  
 PREMARIN

**§ TRANSDERMAL**

estradiol  
 VIVELLE-DOT

**§ ESTROGEN /  
PROGESTINS, ORAL**

estradiol-norethindrone  
 PREMPHASE  
 PREMPRO

**§ PROGESTINS, ORAL**

medroxyprogesterone  
 progesterone, micronized

**SELECTIVE ESTROGEN  
RECEPTOR  
MODULATORS**

EVISTA

**§ THYROID  
SUPPLEMENTS**

levothyroxine

**GASTROINTESTINAL****§ H<sub>2</sub> RECEPTOR  
ANTAGONISTS**

ranitidine

**§ PROTON PUMP  
INHIBITORS**

lansoprazole  
 omeprazole  
 omeprazole-  
 sodium bicarbonate  
 pantoprazole  
 PREVACID 24HR OTC †  
 PRILOSEC OTC †  
 ZEGERID OTC †

## GENITOURINARY

### § BENIGN PROSTATIC HYPERPLASIA

doxazosin  
finasteride  
tamsulosin  
terazosin  
AVODART

### § URINARY ANTISPASMODICS

oxybutynin  
oxybutynin ext-rel  
tolterodine  
trospium  
GELNIQUE  
VESICARE

## HEMATOLOGIC

### § ANTICOAGULANTS

warfarin  
PRADAXA

## RESPIRATORY

### ANAPHYLAXIS TREATMENT AGENTS

EPIPEN  
EPIPEN JR

### § ANTICHOLINERGICS

SPIRIVA

### § ANTICHOLINERGIC / BETA AGONIST COMBINATIONS

ipratropium-albuterol  
inhalation solution  
COMBIVENT RESPIMAT

### § ANTIHISTAMINES, LOW SEDATING

OTC STORE BRANDS †  
ZYRTEC OTC †

### § ANTIHISTAMINES, NONSEDATING

ALLEGRA OTC †  
CLARITIN OTC †  
OTC STORE BRANDS †

### § ANTIHISTAMINE / DECONGESTANTS

ALLEGRA-D OTC †  
CLARITIN-D OTC †  
OTC STORE BRANDS †  
ZYRTEC-D OTC †

### BETA AGONISTS, INHALANTS

### § SHORT ACTING

albuterol  
PROAIR HFA

## LONG ACTING

FORADIL  
SEREVENT

### § LEUKOTRIENE RECEPTOR ANTAGONISTS

montelukast  
zafirlukast

### § NASAL ANTIHISTAMINES

azelastine  
ASTEPRO

### § NASAL STEROIDS

flunisolide  
fluticasone  
triamcinolone  
NASONEX

### STEROID / BETA AGONIST COMBINATIONS

ADVAIR  
DULERA  
SYMBICORT

### § STEROID INHALANTS

budesonide suspension  
ALVESCO  
ASMANEX  
FLOVENT

PULMICORT  
FLEXHALER  
QVAR

## TOPICAL DERMATOLOGY

### § ACNE

adapalene  
clindamycin solution  
clindamycin-  
benzoyl peroxide  
erythromycin solution  
erythromycin-  
benzoyl peroxide  
tretinoin  
RETIN-A MICRO

## OPHTHALMIC

### § ANTIALLERGICS

azelastine

### § ANTI-INFECTIVES

ZYMAXID

### § ANTI-INFLAMMATORIES, STEROIDAL

DUREZOL

§ BETA-BLOCKERS, NONSELECTIVE  
timolol maleate solution

BETA-BLOCKERS, SELECTIVE  
BETOPTIC S

§ CARBONIC ANHYDRASE INHIBITORS  
AZOPT

§ PROSTAGLANDINS  
latanoprost  
TRAVATAN Z  
ZIOPTAN

### § SYMPATHOMIMETICS

brimonidine  
ALPHAGAN P

SYMPATHOMIMETIC / BETA-BLOCKER COMBINATIONS  
COMBIGAN

§ Generics are available in this class and should be considered the first line of prescribing.

† Your benefit document defines actual benefits available and may exclude over-the-counter (OTC) drug coverage. Check your benefit information to verify coverage, or view personal benefit information through our website.

‡ Indicates the proposed mechanism of action, based on the American Psychiatric Association Summary of Treatment Recommendations.

The drug names listed here are the registered and/or unregistered trademarks of third-party pharmaceutical companies. These trademarks are included here for informational purposes only and are not intended to imply or suggest any affiliation with any such third-party pharmaceutical companies.

## What If My Drug Is Not Listed in This Brochure?

This brochure is a listing of the most commonly prescribed drugs that treat certain health conditions. If your drug is not listed, it may well be that:

1. Your drug is a generic and all generics are preferred drugs.
2. Your drug is not a preferred drug and is available at the highest copayment or coinsurance.
3. Your drug is preferred, but is not included in this brochure.
4. There are a few drugs for which your doctor may need to request prior authorization before you fill the prescription. This is to make sure your benefit plan covers them. Visit our website for more details.
5. Your drug is available over the counter or is not covered by your plan. For many conditions, an over-the-counter medication may be the appropriate treatment. Talk to your doctor about over-the-counter medications. They may be a good choice for you and may cost you less.

Keep in mind this list is subject to change at any time during the year without prior notice to members or doctors. Your benefit document defines your actual benefit and may exclude coverage for certain drugs listed in this brochure. Some drugs have quantity limits on them. This means you can only receive a limited amount at one time or during a specific time period. Your pharmacist can tell you if your benefit plan puts any limits on your prescriptions. Pharmacy law requires a valid prescription for the purchase of needles and syringes in certain states. If covered in the pharmacy benefit, OTC products require a valid prescription.

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