# **SUMMARY OF BENEFITS** Cigna Health and Life Insurance Co.

Canal Insurance Company, Inc. Health Savings Account Open Access Plus



General Services	In-Network	Out-of-Network
Physician office visit	You pay 0% Plan pays 100% after the deductible is met	You pay 30% Plan pays 70% after the deductible is met
Urgent care visit  ■ All services including Lab & X-ray	You pay 0% Plan pays 100% after the deductible is met	You pay 30% Plan pays 70% after the deductible is met
Preventive Care	Plan pays 100%, no copay, no deductible	Not Covered
Preventive Services	Plan pays 100%, no copay, no deductible	Not Covered
Immunizations	Plan pays 100%, no copay, no deductible	Not Covered
<ul> <li>Med pharmacy plan</li> <li>Includes contraceptives - with specific products covered at 100%</li> <li>Deductible and out of pocket maximums are integrated with medical</li> <li>Member can elect Brand or Generic with no penalty</li> <li>Includes home delivery</li> <li>Cigna National Pharmacy Network</li> <li>Your Cigna Performance Prescription Drug List includes a full range of drugs including all those required under applicable health care laws. To check which drugs are included in your plan, please log on to myCigna.com.</li> <li>Specialty medications are limited to a 30-day supply</li> <li>Specialty Drugs provided at Home Delivery at the Retail cost share</li> </ul>	Once the medical deductible is met then the member is responsible for the coinsurance  Retail - 90 day supply You pay 0% Plan pays 100% Home Delivery - 90 day supply	Not Covered
Coinsurance	You pay 0% Plan pays 100% after the deductible is met	You pay 30% Plan pays 70% after the deductible is met
Entire Family deductible must be met before benefits will be paid     In-network and out-of-network expenses do not cross accumulate	Individual \$3,000 Family \$6,000	Individual \$6,000 Family \$12,000

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General Services	In-Network	Out-of-Network
Out-of-pocket annual maximum	Individual \$3,000 Family \$6,000	Individual \$6,000 Family \$12,000
Lifetime maximum	Unlimited Per individual	
All services rendered apply to ER benefit including Lab & X-ray	You pay 0% Plan pays 100% after the in-network deductible is met	
Ambulance  • Unlimited per day maximum	You pay 0% Plan pays 100% after the in-network deductible is met	
Office surgery	You pay 0% Plan pays 100% after the deductible is met	You pay 30% Plan pays 70% after the deductible is met
Other office services     Independent lab paid based on status of the facility	You pay 0% Plan pays 100% after the deductible is met	You pay 30% Plan pays 70% after the deductible is met
Outpatient lab and x-ray     Independent Lab and X-ray paid based on status of the facility	You pay 0% Plan pays 100% after the deductible is met	You pay 30% Plan pays 70% after the deductible is met
<ul> <li>Office advanced radiology imaging services</li> <li>Includes MRI, MRA, PET, CT-Scan and Nuclear medicine</li> </ul>	You pay 0% Plan pays 100% after the deductible is met	You pay 30% Plan pays 70% after the deductible is met
<ul> <li>Outpatient advanced radiology imaging services</li> <li>Includes MRI, MRA, PET, CT-Scan and Nuclear medicine</li> </ul>	You pay 0% Plan pays 100% after the deductible is met	You pay 30% Plan pays 70% after the deductible is met
Unlimited lifetime maximum     Unlimited annual maximum     Includes external prosthetic appliances     Does accumulate towards the out-of-pocket maximum	You pay 0% Plan pays 100% after the deductible is met	You pay 30% Plan pays 70% after the deductible is met
Breast-feeding equipment and supplies     Limited to the rental of one breast pump per birth as ordered or prescribed by a physician. Includes related supplies	Plan pays 100%, no copay, no deductible	Not Covered

Benefits	In-Network	Out-of-Network
Hospital Services		
<ul> <li>Inpatient hospital services</li> <li>Including anesthesia</li> <li>Inpatient Lab &amp; X-ray services are subject to the professional service reimbursement</li> </ul>	You pay 0% Plan pays 100% after the deductible is met	You pay 30% Plan pays 70% after the deductible is met
<ul> <li>Outpatient hospital services</li> <li>Outpatient surgery</li> <li>Including anesthesia</li> <li>Ambulatory Surgery</li> <li>Lab &amp; X-Ray paid based on facility network status</li> </ul>	You pay 0% Plan pays 100% after the deductible is met	You pay 30% Plan pays 70% after the deductible is met

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Benefits	In-Network	Out-of-Network
Skilled nursing facility care	You pay 0%	You pay 30%
	Plan pays 100%	Plan pays 70%
<ul> <li>30 days per calendar year maximum</li> </ul>	after the deductible is met	after the deductible is met
	You pay 0%	You pay 30%
Hospice care	Plan pays 100%	Plan pays 70%
•	after the deductible is met	after the deductible is met
Hama kashkasan	You pay 0%	You pay 30%
Home health care	Plan pays 100%	Plan pays 70%
<ul> <li>60 visits per calendar year maximum</li> </ul>	after the deductible is met	after the deductible is met
Mental Health and Substance Use Disorder	'	
	You pay 0%	You pay 30%
Inpatient mental health	Plan pays 100%	Plan pays 70%
	after the deductible is met	after the deductible is met
	You pay 0%	You pay 30%
Inpatient substance use disorder	Plan pays 100%	Plan pays 70%
•	after the deductible is met	after the deductible is met
	You pay 0%	You pay 30%
Outpatient mental health – all other services	Plan pays 100%	Plan pays 70%
	after the deductible is met	after the deductible is met
	You pay 0%	You pay 30%
Outpatient mental health - office	Plan pays 100%	Plan pays 70%
	after the deductible is met	after the deductible is met
	You pay 0%	You pay 30%
Outpatient substance use disorder – all other	Plan pays 100%	Plan pays 70%
services	after the deductible is met	after the deductible is met
	You pay 0%	You pay 30%
Outpatient substance use disorder – office	Plan pays 100%	Plan pays 70%
outputiont outputation and allocation office	after the deductible is met	after the deductible is met
Therapy Services		
	You pay 0%	You pay 30%
Outpatient physical therapy	Plan pays 100%	Plan pays 70%
<ul> <li>20 visits per calendar year</li> </ul>	after the deductible is met	after the deductible is met
Outpatient speech therapy, hearing therapy and	You pay 0%	You pay 30%
occupational therapy	Plan pays 100%	Plan pays 70%
20 visits per calendar year	after the deductible is met	after the deductible is met
	You pay 0%	You pay 30%
Chiropractic services	Plan pays 100%	Plan pays 70%
<ul> <li>12 visits per calendar year</li> </ul>	after the deductible is met	after the deductible is met
Acupuncture	Not Covered	Not Covered
Additional Services		
Family planning		
<ul> <li>Vasectomy</li> </ul>	Varies based on place of	Not Covered
<ul> <li>Includes elective abortions</li> </ul>	service	Not Covered
<ul> <li>Includes infertility testing for diagnosis only</li> </ul>		
Contraceptives		
<ul> <li>Includes contraceptive devices as ordered or</li> </ul>		V 2004
prescribed by a physician	Plan pays 100%,	You pay 30%
<ul> <li>Surgical services such as tubal ligation are</li> </ul>	no copay, no deductible	Plan pays 70%
covered (excluding reversals)		after the deductible is met
<ul> <li>Physician services</li> </ul>		
TMJ	You pay 0%	You pay 30%
Unlimited calendar year maximum for surgical	Plan pays 100%	Plan pays 70%
	after the deductible is met	after the deductible is met
and non-surgical treatment	alter the deductible is met	alter the deductible is filet

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Benefits	In-Network	Out-of-Network
Organ transplant  Services paid at network level if performed at Cigna LifeSOURCE Transplant Network® Facilities  Travel maximum \$10,000 per lifetime (only available if using Cigna LifeSOURCE Transplant Network® facility)	You pay 0% Plan pays 100% after the deductible is met	You pay 30% Plan pays 70% after the deductible is met with transplant maximums Heart - \$150,000 Liver - \$230,000 Bone Marrow - \$130,000 Kidney - \$80,000 Pancreas - \$50,000 Kidney/Pancreas - \$80,000 Heart/Lung - \$185,000 Lung - \$185,000
Out-of-area services  Coverage for services rendered outside a network area  ER and Ambulance paid the same as network services  Preventive care services covered at 100% for out of area  In-network deductible and out-of-pocket maximums apply	For all other services You pay 20% Plan pays 80% after the in-network deductible is met	

### **Additional Information**

**Selection of a Primary Care Provider**- Your plan may require or allow the designation of a primary care provider. You have the right to designate any primary care provider who participates in the network and who is available to accept you or your family members. If your plan requires designation of a primary care provider, Cigna may designate one for you until you make this designation. For information on how to select a primary care provider, and for a list of the participating primary care providers, visit www.myCigna.com or contact customer service at the phone number listed on the back of your ID card. For children, you may designate a pediatrician as the primary care provider.

**Direct Access to Obstetricians and Gynecologists**- You do not need prior authorization from the plan or from any other person (including a primary care provider) in order to obtain access to obstetrical or gynecological care from a health care professional in our network who specializes in obstetrics or gynecology. The health care professional, however, may be required to comply with certain procedures, including obtaining prior authorization for certain services, following a preapproved treatment plan, or procedures for making referrals. For a list of participating health care professionals who specialize in obstetrics or gynecology, visit www.myCigna.com or contact customer service at the phone number listed on the back of your ID card.

### **Out of Pocket Maximum**

Once you reach the individual or family out-of-pocket maximum (non-covered benefits are excluded from this total) in any one calendar year, covered services will be payable at 100% for the remainder of the year.

Medical deductibles apply towards the out-of-pocket maximums

### Plan Coverage for Out-of-network Providers

• The allowable covered expense for non-network services is based on the lesser of the health care professional's normal charge for a similar service or at 110% of a fee schedule developed by Cigna that is based on a methodology similar to one used by Medicare to determine the allowable fee for the same or similar service in a geographic area. In some cases, the Medicare based fee schedule will not be used and the maximum reimbursable charge for covered services is based on the lesser of the health care professional's normal charge for a similar service or supply or the amount charged for that service by 80% of the health care professionals in the geographic area where it is received. Out-of-network services are subject to a calendar year deductible and maximum reimbursable charge limitations.

#### **Precertification Penalty**

Pre-authorization is required on all inpatient admissions and outpatient surgery not performed in the doctor's office. Network providers are contractually obligated to perform pre-authorization on behalf of their customers. For an out-of-network provider, the customer is responsible for following the pre-authorization procedures. If a customer does not follow the recommended care plan for obtaining pre-treatment authorization for an out-of-network provider, an ineligible expense penalty of \$250 will be applied.

# **General Notice of Preexisting Condition Exclusion**

Not applicable

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#### **Exclusions**

### What's Not Covered (This Is Not All Inclusive; check your plan documents for a complete list)

- Services that aren't medically necessary
- Experimental or investigational treatments, except for routine patient care costs related to qualified clinical trials as described in your plan document
- · Accidental injury that occurs while working for pay or profit
- Sickness for which benefits are paid or payable under any Worker's Compensation or similar law
- Services provided by government health plans
- Cosmetic surgery, unless it corrects deformities resulting from illness, breast reconstruction surgery after a
  mastectomy, or congenital defects of a newborn or adopted child or child placed for adoption
- Dental treatments and implants
- Custodial care
- Sex transformation
- Surgical procedures for the improvement of vision that can be corrected through the use of glasses or contact lenses
- Vision therapy or orthoptic treatment
- Hearing aids
- Reversal of sterilization procedures
- Nonprescription drugs or anti-obesity drugs
- Gene manipulation therapy
- Smoking cessation programs
- Non-emergency services incurred outside the United States
- Bariatric surgery
- Infertility services

## These are only the highlights

This summary outlines the highlights of your plan. For a complete list of both covered and not-covered services, including benefits required by your state, see your employer's insurance certificate or summary plan description -- the official plan documents. If there are any differences between this summary and the plan documents, the information in the plan documents takes precedence.

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