Flexible Benefit Plan

NEW!
Submit claims online
See ProBenefits.com
for details

Enrollment Guide



Instructions for Using This Guide:

- **1** Review the information and decide how this plan benefits you.
- **2** Estimate your benefit using the worksheet.
- **3 Enroll** or waive participation by completing the Plan Participation Form, or enroll online at www.ProBenefits.com (if offered by your employer).
- **4 Update** or add your Direct Deposit information online at www.ProBenefits.com or complete the Direct Deposit portion of the Plan Participation Form.
- **Return** the completed Form to your employer or complete online enrollment by the announced deadline.



Benefits

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The Benefit

Flexible Spending Accounts (FSAs)

Flexible Spending Accounts (FSAs) are reimbursement accounts that allow you to pay for certain eligible expenses with tax-free dollars. Through pre-tax salary reduction and reimbursement, you convert taxable income into non-taxable benefits. The result is reduced tax withholdings and more take-home pay. <u>FSA participation results in tax savings of approximately 30% for all dollars run through the plan.</u>

There are two types of FSAs:

- 1. Medical/Dental/Vision FSA can be used to pay for eligible unreimbursed medical expenses (not covered or paid by any insurance) incurred by you, your spouse, and your dependents. A general listing of reimbursable and non-reimbursable expenses is included in this Guide. For more information visit www.ProBenefits.com.
- **2. Dependent Care FSA** can be used to pay for eligible dependent care expenses (daycare, childcare) so you **and** your spouse can work, look for work, or attend school full-time. Covered expenses must be for:
 - Dependent children age 12 and under; or
 - A person of any age whom you claim as a dependent on your taxes and who is mentally or physically incapable of caring for himself or herself.

<u>Eligible expenses</u> include childcare (nursery, preschool or private sitter), before and after-school care, and day camps.

<u>Ineligible expenses</u> include kindergarten tuition, overnight camps, and expenses paid to a tax-dependent.



Important Notes About FSAs:

- Any funds remaining in your FSA after the close of the plan year are forfeited per the IRS "Use-or-Lose" rule, so use a conservative estimate when making your election.
- Your FSA annual election cannot change during the plan year except in the event of a recognized Status Change or Qualifying Event.
- Per IRS regulations, dependent care elections cannot exceed \$5,000 per family per tax year.
- Please visit www.ProBenefits.com for more detailed information on the IRS rules governing FSA plans.



What's Reimbursable?

This non-exhaustive list of expenses reimbursable by your Medical Flexible Spending Account is based on Internal Revenue Code 213(d). Please note that there have been important changes in the way over-the-counter drugs and medicines are reimbursed. See www.ProBenefits.com for further information, or please feel free to contact us if you have any questions about eligible expenses.

Reimbursable Expenses

Acupuncture Ambulance Artificial limbs

Artificial teeth

Automobile modifications (hand controls, Eyeglasses, incl. exam fee

lifts, etc.) Bandages Birth control

Blood pressure monitor Braille books & magazines Care for mental handicap

Chiropractors

Copays, deductibles, & coinsurance

Contact lenses & supplies

Contraception

Costs for physical/mental illness

Crutches

Deductible, all family members

Dentist fees (if not cosmetic: e.g., teeth whitening is a non-reimbursable

expense)

Dentures

Diagnostic fees Diagnostic devices

Drug & alcohol addiction treatment

Drug & medical supplies

Guide dog

Handicapped persons' schools Hearing devices & batteries

Insulin

Laboratory fees Lactation expenses Laser eye surgery

Learning disability - special school fees

Obstetrical expenses (after services have

been performed)

Operations (medically necessary) Orthodontia (special rules apply; see

www.ProBenefits.com)

Orthotics/Orthopedic shoe inserts

Osteopath fees (licensed)

Oxygen

Physical therapy

Physician fees

Practical nurse fees

Prescribed medicine (if not cosmetic;

hair-loss medications are not

reimbursable)

Psychiatrist's care

Psychologist's fees

Routine physicals

Smoking cessation (prescribed drugs and

non-drug programs)

Special communications equipment for

the deaf

Special education for the blind

Surgical fees

Transportation expenses for medical

service

Tubal ligation

Tuition at special school for the

handicapped Vasectomy Wheelchair

X-rays

OTC Drugs and Medicines: Reimbursable with a Prescription

Over-the-counter drugs and medicines now require a prescription for FSA reimbursement. The prescription must be written by a physician on an official prescription pad and must include the name of the patient, the specific OTC drug or medicine, and the number of refills or duration of treatment. You may submit a copy of the prescription and a receipt for purchase of the product with your reimbursement claim form.

Acid control medication (Prevacid, Prilosec, Zantac, etc.)

Acne treatment

Allergy medication (Zyrtec, Claritin, etc.)

Antacids (Tums, etc.) Anti-itch medication Cold medication

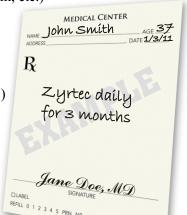
Cough drops

Nicotine patches or gum

Pain relievers (Advil, Tylenol, etc.)

Sleep aid medication Stomach remedies (Pepto-Bismol, etc.)

An example prescription for an Over-the-Counter medicine:



Reimbursable with a Letter of Medical Necessity

These items may be reimbursable if accompanied by a note from a doctor recommending the item to treat a specific medical condition. Other special rules may apply - see www.ProBenefits.com for more information.

Cord blood storage

Home improvements for medical conditions Nutritionist

Orthopedic shoes (not mass-produced)

Vitamins & nutritional supplements (only if recommended by a doctor for a specific medical condition)

Weight loss to treat existing disease

Wigs

Not Reimbursable

Cosmetic surgery (unless restorative) Finance charges Food · Imported drugs (Canada, Mexico) · Insurance premiums for individual policies · Long-term care expenses · Marriage counseling · Missed appointment fees · Personal hygiene products · Spa fees · Teeth whitening · Toothbrushes · Toothpaste · Warranties





About the Flex Card

Please note: Your plan may not offer the Flex Card or your plan details may differ slightly from those below. Contact your employer or ProBenefits for more information.

The Flex Card is a MasterCard® limited merchant category card. It is designed to work at merchants with a health-care merchant category code, such as a doctor's office or hospital; at these locations, card transactions which match your employer-sponsored group health plan copays will be automatically approved. You will need to submit documentation to ProBenefits for other amounts.

The Flex Card will also work at retail merchants which have an Inventory Information Approval System (IIAS) in place. The IIAS will provide automatic adjudication at the point of sale for FSA-eligible items; this means you can only purchase eligible items with your card at these locations, and you will not need to submit paperwork for these charges. However, per IRS requirements, you should always keep your receipts on file.

For a complete listing of eligible Merchant Category Codes and a listing of IIAS Retail Merchants where the Flex Card is accepted, please visit our website at www.ProBenefits.com.

Important Notes About the Card:

- Save your receipts! You may not always need to submit them to ProBenefits, but the IRS requires that you keep them on file in case of an audit.
- For expenses not paid with your card, you can still submit a regular reimbursement claim form. The card is just one way to access your FSA.
- Your card(s) will be mailed to the address on file with ProBenefits.
- **Keep your card!** Your card will not expire for 3 years, so if you use up your FSA funds during this plan year, save your card for use next year.
- Your card is for medical expenses only it cannot be used for dependent care (daycare) expenses.



Top Five Benefits of the Flex Card

- **1. Cashless FSA Transactions:** The Flex Card provides instant access to FSA funds, reducing out-of-pocket expenditures.
- 2. Less Paperwork to Submit: Charges are automatically approved at many locations where the card is accepted, so in many cases you will only need to save your receipts instead of submitting them to ProBenefits.
- 3. Online Account Access: See personal account information including your available balance and transaction history.
- **4. Free Cards:** There is no fee for cards for you and your spouse or dependent.
- **5. Flexibility:** You can still file reimbursement claims if you forget your card or choose not to use it.



Estimating Your Expenses

Use this worksheet to help estimate what out-of-pocket expenses you can pay with tax-free dollars through a Flexible Spending Account (FSA).

1. Medical/Dental/Vision FSA

What is your estimate of medical/dental/vision costs to be incurred during the plan year and not reimbursed by insurance or another benefit plan? Be sure to include expenses for you, your spouse, and all dependents, even if they are not enrolled under your employer's insurance coverage. Confirm the eligibility of an expense on our website (www.ProBenefits.com) or call us to discuss!



Medical Insurance Deductibles Copays and Coinsurance (amount not paid by insurance) \$ Routine Exams (Physicals, Ob-Gyn, etc.) \$ Prescription Drugs (Including birth control) Over-the-Counter Medications (only with a prescription) \$ \$ Over-the-Counter Non-Drug Medical Items **Dental** Insurance Deductibles, if applicable \$ \$ Copays and Coinsurance (amount not paid by insurance) Exams, Cleaning, X-rays, etc. (NOT teeth whitening) \$ Fillings, Caps, Crowns, Bridges, etc. \$ Orthodontia (Braces) *Note: Special rules apply* Vision Care (Exams, Contacts, Glasses, LASIK Surgery) \$ \$ **Hearing Care** (Exams, Hearing Aids & Batteries, etc.) **Other** unreimbursed medical expenses

Total Medical/Dental/Vision Expenses

2. Dependent Care FSA

If your spouse works or if you are a single parent, how much do you pay for employment-related dependent day care or childcare services for children age 12 and under? *Only fees for actual care may be reimbursed. Kindergarten tuition, overnight camps, and expenses paid to a tax-dependent are ineligible.*

Total Dependent Care Expense

\$ /Year

Remember:

- Due to changes in the laws governing FSA plans, over-the-counter medicines and drugs now require a prescription for reimbursement. Over-the-counter non-drug medical items and insulin are still reimbursable without a prescription.
- Reimbursement is based on the **date of service**, not the date of payment. In order for you to be reimbursed from your FSA funds, *the date the expense is incurred* must be within the current plan year and while you are an active participant in the plan.
- Prepayments, such as deposits for prenatal care/delivery, surgery, dental work, or dependent care summer programs, are not eligible for reimbursement until the service has actually been rendered.
- You have 90 days after the end of your plan year or 90 days after your last day of plan participation to file reimbursement claims for eligible expenses.
- Your Dependent Care and Medical/Dental/Vision FSAs are two separate plans, and funds cannot be transferred between them.
- Please call us or visit our website, www.ProBenefits.com, for any questions about eligible expenses.



Flexible Benefit Plan Participation Form

Employer:				
Employee Name: First Name Last Name		Social Sec#:		
Mailing Address:	2001-10000	City	St. Zip	
Birth Date:	Hire Date:		ms & Payment Verifications	
Flexible Spending Accounts		Plan Year Benefit Elections	Employer: Please complete	
or dental care which is B. Dependent Care Employment-related c	al / Vision Care or your dependents for medical, vision s not reimbursed by insurance.	\$\/ Plan Year \[\begin{aligned} \begin{aligned} \left Plan Year \\ and maximums apply \end{aligned} \\ \begin{aligned} \left Plan Year \\ [IRS Family Maximum \\$5000/yr] \end{aligned} \]	Med FSA Amount/Pay Pd. Dep FSA Amount/Pay Pd. First Payroll Date Impacted	
□ Request to WAIVE The Flexible Benefit Plan has been explained and I elect to waive participation in Flexible Spending Accounts. I understand that without a Change in Status or other Qualifying Event described in the Plan, my next opportunity to enroll will be at the start of the next plan year; if not changed, this waiver will continue in effect indefinitely.			Initial to Indicate Approval	
Flex Card - ONLY for Initial Signup (If offered by your Land of the Section of the Mark a Flex Card. IMPORTANT: If you already have a ProBer section. You will automatically receive a new card in the mail when your dependent have lost your card(s) or you skipped a year of FSA problem.		Benefits Flex Card, DO NOT complete this in your current card expires. If you and/or A participation, please contact ProBenefits.	Employer: Is employee a participant in your group health plan? □Yes □No	
Home Phone #:	Phone #: Mother's Maiden Name:			
Additional Card for Spouse of	or Dependent: 21 characters maximum including space	Relationship:	i.e., Spouse or Child)	
Weekly Direct Deposit Signup (If offered by your plan) Type of Account: □ Checking	IMPORTANT: If you ar Direct Deposit reimb bank information has chan	IMPORTANT: If you are re-enrolling for a new plan year and you already receive Direct Deposit reimbursements, DO NOT complete this section unless your bank information has changed. You may also add or change Direct Deposit information any time during the plan year by logging into your account online at www.ProBenefits.com.		
□ Savings Please check one: □ I am signing up for Direct Deposit for the first time. □ I would like to change my account information.	Please tape a <u>Voided Check</u> (not deposit slip) here. A voided check supplies the account numbers and routing information required by the bank to establish your Direct Deposit arrangement. (Deposit slips sometimes do not include all needed information.)			
and/or the Direct Deposit Reimb	ursement Authorization Agreement on t	ts Acknowledgments and, if applicable, the Flohe reverse of this page. I agree to the terms of the flohe of my Benefit Elections shown above.		
Signature		Date:	- &Benefits	

Acknowledgments

Flexible Benefit Plan and Flexible Spending Accounts

- 1. My portion, if any, of insurance premiums for eligible employer-sponsored insurance plans elected for myself and my dependents will be automatically pre-taxed unless I sign a Pre-Tax Waiver form provided by my employer. My employer may adjust pre-tax premiums if rates change during the year, but I may not be able to change my election during the Plan Year.
- 2. I cannot change or revoke my elections prior to the start of the next plan year, unless I have a Change in Status or other Qualifying Event described in the Plan. The Summary Plan Description ("SPD") includes a full explanation.
- 3. Signing this form does not initiate my coverage under any insurance policy.
- 4. My Plan Year benefit elections may be slightly rounded, if necessary, to allow per-pay-period salary reductions.
- 5. I understand that the Annualization Rule (Uniform Coverage Rule) applies to the Medical/Dental/Vision FSA and entitles me to reimbursement up to the full annual election at any time during the plan year once eligible expenses are incurred. I understand the Annualization Rule does <u>not</u> apply to the Dependent Care FSA, and that Dependent Care reimbursements cannot exceed contributions for the plan year to date. This means that eligible childcare expenses can only be reimbursed as contributions are deducted from my pay, and even though an expense may be eligible and approved, reimbursement will not be made until sufficient funds are contributed.
- 6. Unused amounts remaining in Flexible Spending Accounts for the Plan Year and applicable runout period(s) will be forfeited.
- 7. I can only submit claims for expenses incurred during the Plan Year while I am an active participant in the Plan. Such reimbursement requests must be submitted with appropriate documentation (claim form and provider receipts) no later than 90 days after the end of the Plan Year or 90 days after termination of plan participation, whichever comes first.
- 8. My benefit account(s) and claim data may be maintained on a computer system providing automated access.
- 9. Due to privacy concerns, ProBenefits will discuss claim information only with me as the participant.
- 10. Participation in this Plan may mean paying less Social Security tax, which could reduce my future Social Security benefits.
- 11. Enrollment in the Medical Flexible Spending Account listed covers me and my eligible dependents, if any. I understand that FSA enrollment may impact my eligibility, or eligibility of my spouse or dependent(s), for a Health Savings Account (HSA). I also understand that I cannot change or reduce my Medical FSA during the plan year in order to enroll in an HSA. *Note: To enroll in an "Employee-Only" or "Employee-Plus-Children" Medical FSA or a "Limited" FSA (covering only dental/vision expenses), see your benefits administrator for a special form.*
- 12. This document provides general information about a Flexible Benefit Plan. For more specific information, I will review my Plan's SPD.
- 13. Due to IRS non-discrimination rules for flex plans, in some circumstances the pre-tax elections of Highly Compensated Employees or Key Employees must be adjusted mid-year to meet IRS compliance testing guidelines. If you are deemed to be a Highly Compensated Employee or Key Employee, your election may be reduced or discontinued in such a circumstance. If so, the benefits administrator will provide notice and further details.

Flex Card (If offered by your plan)

After completing the Flex Card - Initial Signup on the Plan Participation Form, as an FSA participant you will receive a *my*SourceCard[™] MasterCard[®] and agree to use it according to these Acknowledgments and the Cardholder Agreement that will be provided with the card.

- 1. I understand that the Flex Card is restricted to certain merchant categories and approved IIAS vendors and is not accepted at all MasterCard® authorized locations.
- 2. I understand that I may not obtain a cash advance with the card at any merchant, bank or ATM.
- 3. I understand that the card is to be used *exclusively* for Qualified Expenses as defined by the plan(s) in which I participate. If the card is used for an expense that is not a Qualified Expense, I understand that I am indebted to my employer and must repay the full amount of the non-qualified expense. Repayment for non-qualified expenses may be in the form of an offsetting claim, a personal check, electronic draft from my personal checking or savings account, a post-tax deduction from my paycheck, or other options established by my employer.
- 4. I acknowledge that IRS rules require me to save all invoices and receipts related to any expense paid with the card. I agree that, upon request, I will submit these documents for review by the Plan Service Provider. I understand that failure to submit the receipt(s) in a timely manner will cause the expense to be treated as a non-qualified expense and may cause my card to be suspended.
- 5. I understand that I may be assessed a \$10.00 replacement card fee if I lose or misplace my card(s). I also understand that if I request more than two cards (one for myself and one for my spouse or a dependent), I may be assessed a \$10.00 fee for each additional card.

Direct Deposit Reimbursement Authorization Agreement (If offered by your plan)

- 1. I hereby authorize ProBenefits, Inc. (hereinafter "Plan Service Provider") to initiate credit entries (electronic and otherwise) and, if necessary, debit entries and adjustments for any erroneous credit entries to my Personal Bank Account in the financial institution named (hereinafter "Financial Institution").
- 2. This authority is to remain in force until the Plan Service Provider has received written notification from me of its termination in such time and manner as to afford Plan Service Provider and Financial Institution a reasonable opportunity to act on it. I can discontinue this arrangement at any time and receive reimbursements monthly by check, if offered by my plan.
- 3. I acknowledge that my Flexible Spending Account (FSA) information will be available to me 24 hrs/day by internet (www.ProBenefits.com), and that I will not receive written verification each time a reimbursement payment is made.

Please complete and sign the Plan Participation Form on the reverse of this page.



Staying Informed

At www.ProBenefits.com:

- Use an interactive Benefits Calculator to see how much you save with the Flexible Spending Account
- Make changes to your contact information
- Add or change your direct deposit information
- View account balances
- Submit a claim online (NEW!), or fill out and print a claim form for faxing or mailing
- Check the status and view images of claims you have submitted

Logging in to your ProBenefits.com account:

If you have never logged in before, go to www.ProBenefits.com and click "Login Help" under the Portal Login section on the right side of the screen. Follow the instructions for "First Time Users" for your initial login, and then choose a new user name and password for future use. If you have logged in before but have forgotten your username and/or password, click the "Forgot Password?" link and follow the steps to have your login information reset.



After enrollment for your plan is complete, you can access your Flexible Spending Account information at any time on our secure website. When logged in to your account, you will be able to view account balances, claim information, pending Flex Card transactions, and even images of claims you have submitted. ProBenefits will also email claim and payment confirmations to help you keep track of your account-provide your email address on your Plan Participation Form, or add or change your email address and other contact information online at www.ProBenefits.com.

Contact Us

Email: Flex@ProBenefits.com

Phone: (336) 761-1850 (888) 722-8382

Mailing Address:

2640 Reynolda Road Winston-Salem, NC 27106-3817

Website:

www.ProBenefits.com

Scan this code with your mobile device for quick access to our Benefits Calculator and other useful enrollment information on our website.





The information included in this Guide is for explanation only and is not intended as tax advice.

In all matters where tax or legal advice is needed, the services of professional counsel should be sought.