



Try Generics Drug List

The Try Generics Drug List gives you and your doctor many choices. It also helps make sure you know when a generic could treat your health condition. The Try Generics Drug List will help you make good choices about the medications you take. It will also help you ask your doctor or pharmacist the right questions about your medication needs. The more you know, the better choices you make!

What is the Try Generics Drug List?

It's a list of medications that have a step-therapy requirement. Step Therapy groups medications into a series of "steps" that require members to try cost-effective "First Choice" medications before more expensive "Second Choice" medications. In some cases, you can use an alternative brand-name medication without trying a First Choice medication. First Choice medications often work as well as Second Choice medications.

If none of the First Choice or alternative brand drugs are right for you, ask your doctor to call the Caremark Prior Authorization Department at 800-294-5979. On behalf of BlueCross BlueShield of South Carolina, Caremark assists in the administration of our prescription drug program. Caremark is an independent company that provides pharmacy benefits management. Your doctor can also fax requests to Caremark at 888-836-0730. If your exception request is approved, your plan will cover the Second Choice medications at your highest plan copayment. If you don't try a First Choice medication or you don't get an exception, your plan will not cover the Second Choice medications, and you will pay 100 percent of the cost for them.

We base the Try Generics Drug List on U.S. Food and Drug Administration (FDA) and manufacturer dosing guidelines, medical literature, safety, accepted medical practice, appropriate use and benefit design. The Try Generics Drug List only affects the medications your benefit plan covers. You and your doctor should make the final decision about the medications that are right for you.

What Medications Are Included?

See the First Choice and Second Choice medications by conditions they are used to treat in the chart below. We list any alternative brand-name medications in the last column on the right.

Condition used to treat	You must try these first or your doctor must request an exception for you...	...before you can get coverage for these	Or ask your doctor about these:
	First Choice Medications	Second Choice Medications	Alternative Brand-Name Medications
Acne	benzoyl peroxide products	Atralin, Avita, Differin, Retin-A, Retin-A Micro, Tazorac, Tretin-X, Veltin, Ziana	No brand-name drugs available
Acne	immediate-release minocycline AND one of the following: doxycycline, erythromycin, tetracycline	Solodyn	No brand-name drugs available
Allergies	ONE of the following: Beconase AQ, Flonase, flunisolide nasal, fluticasone nasal (generic Flonase), Nasacort AQ, Nasonex, Omnaris, Rhinocort Aqua, triamcinolone nasal (generic Nasacort AQ), Veramyst AND one of the following: OTC Alavert, OTC Alavert D-12, OTC Allegra, OTC Allegra-D, OTC Claritin, OTC Claritin-D, OTC store brands, OTC Zyrtec, OTC Zyrtec-D	Singulair	No brand-name drugs available
Allergies or Hives	OTC Alavert, OTC Alavert D-12, OTC Allegra, OTC Allegra-D, OTC Claritin, OTC Claritin-D, OTC store brands, OTC Zyrtec, OTC Zyrtec-D	Clarinex, Clarinex-D, levocetirizine (generic Xyzal), Xyzal	No brand-name drugs available
Arthritis/Pain	ibuprofen (generic Advil, Motrin), indomethacin, meloxicam (generic Mobic), naproxen (generic Anaprox, Naprosyn) and all other generic non-steroidal anti-inflammatory drugs (NSAIDs)	Arthrotec, Celebrex (other than 400 mg), Flector, Nalfon, Naprelan, Zipsor, and all other brand NSAIDs	No brand-name drugs available
Asthma	Advair, Alvesco, Asmanex, budesonide suspension (generic Pulmicort Respules), Dulera, Flovent, Pulmicort Flexhaler, QVAR, Symbicort	Singulair	No brand-name drugs available
Asthma	No generics available; try the brand-name drug, ProAir HFA	Maxair, Proventil HFA, Ventolin HFA, Xopenex HFA	ProAir HFA
Bipolar/Schizophrenia	olanzapine (generic Zyprexa), quetiapine (generic Seroquel), risperidone (generic Risperdal), ziprasidone (generic Geodon)	Abilify, Clozaril, Fanapt, Geodon, Invega, Latuda, Risperdal, Saphris, Seroquel, Zyprexa	Seroquel XR

The PDL is subject to change at any time during the year without prior notification to members or physicians.

Condition used to treat	You must try these first or your doctor must request an exception for you...	...before you can get coverage for these	Or ask your doctor about these:
	First Choice Medications	Second Choice Medications	Alternative Brand-Name Medications
Bladder Problems	oxybutynin, oxybutynin ext-rel (generic Ditropan XL), trospium (generic Sanctura)	Ditropan XL, Enablex, Gelnique, Oxytrol, Sanctura, Sanctura XR, Toviaz, Vesicare	Detrol, Detrol LA
Depression/ Obsessive-Compulsive Disorder	citalopram (generic Celexa), escitalopram (generic Lexapro), fluoxetine (generic Prozac), fluvoxamine, paroxetine (generic Paxil), paroxetine ext-rel (generic Paxil CR), sertraline (generic Zoloft)	Celexa, Lexapro, Luvox CR, Paxil, Paxil CR, Pexeva, Prozac, Zoloft	No brand-name drugs available
Gout	allopurinol, probenecid	Uloric	No brand-name drugs available
Heartburn or Acid Reflux	lansoprazole (generic Prevacid), omeprazole (generic Prilosec), pantoprazole (generic Protonix), Prevacid 24 HR OTC, Prilosec OTC, Zegerid OTC	Aciphex, Dexilant, Nexium, omeprazole-sodium bicarbonate (generic Zegerid capsules), Prevacid, Prilosec, Protonix, Zegerid	No brand-name drugs available
High Blood Pressure	amlodipine-benazepril (generic Lotrel), benazepril (generic Lotensin), benazepril HCTZ (generic Lotensin HCT), captopril, captopril HCTZ, enalapril (generic Vasotec), enalapril HCTZ (generic Vaseretic), eprosartan (generic Teveten), fosinopril, fosinopril HCTZ, irbesartan (generic Avapro), irbesartan HCTZ (generic Avalide), lisinopril (generic Prinivil, Zestril), lisinopril HCTZ (generic Prinzide, Zestoretic), losartan (generic Cozaar), losartan HCTZ (generic Hyzaar), moexipril (generic Univasc), moexipril HCTZ (generic Uniretic), quinapril (generic Accupril), quinapril HCTZ (generic Accuretic), ramipril (generic Altace), trandolapril (generic Mavik)	Atacand, Atacand HCT, Avapro, Avalide, Benicar, Benicar HCT, Cozaar, Diovan, Diovan HCT, Edarbi, Edarbyclor, Hyzaar, Micardis, Micardis HCT, Tekturna, Tekturna HCT, Teveten, Teveten HCT	No brand-name drugs available
High Cholesterol	atorvastatin (generic Lipitor), fluvastatin (generic Lescol), lovastatin (generic Mevacor), pravastatin (generic Pravachol), simvastatin (generic Zocor)	Advicor, Altoprev, Crestor (other than 20 mg, 40 mg), Lescol, Lescol XL, Lipitor, Livalo, Mevacor, Pravachol, Simcor, Vytorin (other than 10/80 mg), Zocor	No brand-name drugs available
High Triglycerides	fenofibrate, fenofibric acid	Antara, Fenoglide, Fibracor, Lipofen, Lofibra, Tricor, Triglide, Trilipix	No brand-name drugs available
Migraine Headaches	naratriptan (generic Amerge), sumatriptan (generic Imitrex)	Alsuma, Amerge, Axert, Frova, Imitrex, Relpax, Sumavel DosePro, Treximet, Zomig	Maxalt
Nasal Allergies	flunisolide nasal, fluticasone nasal (generic Flonase), triamcinolone nasal (generic Nasacort AQ)	Beconase AQ, Flonase, Nasacort AQ, Omnaris, Qnasl, Rhinocort Aqua, Veramyst	Nasonex
Osteoporosis	alendronate (generic Fosamax), ibandronate (generic Boniva)	Actonel, Atelvia, Boniva, Fosamax, Fosamax Plus D	No brand-name drugs available
Problems Sleeping	zaleplon (generic Sonata), zolpidem (generic Ambien)	Ambien, Ambien CR, Edluar, Intermezzo, Lunesta, Rozerem, Silenor, Sonata, Zolpimist	No brand-name drugs available
Psoriasis	TWO of the following: Aclovate, acclometasone, amcinonide, betamethasone, clobetasol, Clobex, Cloderm, Cordran, Cutivate, Dermatop, Desonate, desonide, DesOwen, desoximetasone, diflorasone, Diprolene, Elocon, fluocinolone, fluocinonide, fluticasone, halobetasol, Halog, hydrocortisone, Kenalog Spray, Luxiq, mometasone, Olux, prednicarbate, Temovate, Topicort, triamcinolone, Ultravate, Verdeso	Tazorac	No brand-name drugs available

Are Generic Drugs Safe?

Absolutely! Generic drugs must meet the same strict FDA manufacturing standards as brand-name drugs. The color and shape of a generic drug may be different from its brand-name counterpart, but the active ingredients are the same for both. Generic drugs become available when patents expire on brand-name drugs. They tend to cost less than brand-name drugs because the companies that make them do not have the same development costs as makers of new drugs. When you use a generic drug, you get the same quality as a brand-name drug – at a lower cost.

Does My Plan Cover Other Drugs?

Yes! Other drugs your plan covers are listed below by the condition they're used to treat. The amount you will pay for these drugs is based on their Preferred Drug List tier. We list generics first and in *italics*. You will pay the lowest copayment or coinsurance under your plan for any generics you use. We list preferred brand-name drugs in all capital letters after the generic drugs. You will pay a higher copayment or coinsurance for any preferred brand-name drugs you use. We do not list non-preferred brand-name drugs in this brochure. You will pay the highest copayment or coinsurance for any non-preferred brand-name drugs you use.

What is Preferred Drug List?

A Preferred Drug List (PDL) is a list of medications chosen for their clinical value and cost-effectiveness by a group of doctors and pharmacists. A PDL gives you and your doctor the freedom to choose the medication that works best for you. Tier 1 drugs (lowercase letters) are generic drugs. For the lowest out-of-pocket expense, you should always choose Tier 1 drugs if you and your doctor decide they are right for you. Tier 2 drugs are preferred brand-name drugs. Consider Tier 2 drugs if there is not a Tier 1 drug for your condition. Tier 3 drugs are non-preferred and will usually cost you more. If you are using a Tier 3 drug, talk to your doctor about using Tier 1 and 2 drugs first. **NOTE:** When a generic becomes available, most of the time the brand-name drug will automatically move to the 3rd tier. Since there may be more than one drug available for your medical condition, we urge you to use generic and preferred brand-name drugs whenever possible to help manage your prescription costs.

ANTI-INFECTIVES

ANTIBACTERIALS

§ CEPHALOSPORINS

cefaclor
cefdinir
cephalexin

§ ERYTHROMYCINS / MACROLIDES

azithromycin
clarithromycin
clarithromycin ext-rel
erythromycins

§ FLUOROQUINOLONES

ciprofloxacin ext-rel
ciprofloxacin tablet
levofloxacin
CIPRO SUSPENSION

§ PENICILLINS

amoxicillin
amoxicillin-clavulanate
dicloxacillin
penicillin VK

§ TETRACYCLINES

doxycycline hyclate
minocycline
tetracycline

§ ANTIFUNGALS

fluconazole
itraconazole
terbinafine tablet

ANTIVIRALS

§ HERPES AGENTS

acyclovir
valacyclovir

§ INFLUENZA AGENTS

amantadine
rimantadine
RELENZA
TAMIFLU

§ MISCELLANEOUS

metronidazole
sulfamethoxazole-
trimethoprim

CARDIOVASCULAR

§ ACE INHIBITORS

fosinopril
lisinopril
quinapril
ramipril

§ ACE INHIBITOR / CALCIUM CHANNEL BLOCKER COMBINATIONS

amlodipine-benazepril

§ ACE INHIBITOR / DIURETIC COMBINATIONS

fosinopril-
hydrochlorothiazide
lisinopril-
hydrochlorothiazide
quinapril-
hydrochlorothiazide

§ ANGIOTENSIN II RECEPTOR ANTAGONISTS / DIURETIC COMBINATIONS

irbesartan / irbesartan-
hydrochlorothiazide
losartan / losartan-
hydrochlorothiazide

ANGIOTENSIN II RECEPTOR ANTAGONIST / CALCIUM CHANNEL BLOCKER COMBINATIONS

AZOR
TWINSTA

ANGIOTENSIN II RECEPTOR ANTAGONIST / CALCIUM CHANNEL BLOCKER / DIURETIC COMBINATIONS

TRIBENZOR

ANTILIPEMICS

§ BILE ACID RESINS

cholestyramine
WELCHOL

CHOLESTEROL ABSORPTION INHIBITORS

ZETIA

§ FIBRATES

fenofibrate

§ HMG-CoA REDUCTASE INHIBITORS

atorvastatin
fluvastatin
pravastatin
simvastatin

NIACINS

NIASPAN

§ BETA-BLOCKERS

atenolol
carvedilol
metoprolol
metoprolol
succinate ext-rel
nadolol
propranolol
BYSTOLIC

§ CALCIUM CHANNEL BLOCKERS

amlodipine
diltiazem ext-rel
nifedipine ext-rel
verapamil ext-rel

§ CALCIUM CHANNEL BLOCKER / ANTILIPEMIC COMBINATIONS

amlodipine-atorvastatin

§ DIGITALIS GLYCOSIDES

digoxin

§ DIURETICS

furosemide
hydrochlorothiazide
metolazone
spironolactone-
hydrochlorothiazide
toremide
triamterene-
hydrochlorothiazide

CENTRAL NERVOUS SYSTEM

ANTIDEPRESSANTS

§ SELECTIVE SEROTONIN REUPTAKE INHIBITORS (SSRIs)

citalopram
escitalopram
fluoxetine
paroxetine
paroxetine ext-rel
sertraline

§ SEROTONIN NOREPINEPHRINE REUPTAKE INHIBITORS (SNRIs)¹

venlafaxine
venlafaxine ext-rel
CYMBALTA

§ MISCELLANEOUS AGENTS

bupropion
bupropion ext-rel
mirtazapine

§ HYPNOTICS, NONBENZODIAZEPINES

zaleplon
zolpidem

MIGRAINE

§ SELECTIVE SEROTONIN
AGONISTS
naratriptan
sumatriptan
MAXALT

ENDOCRINE AND METABOLIC

ANDROGENS

ANDRODERM
ANDROGEL

ANTIDIABETICS

§ BIGUANIDES
metformin
metformin ext-rel

§ BIGUANIDE / SULFONYLUREA COMBINATIONS

glipizide-metformin

DIPEPTIDYL PEPTIDASE-4 (DPP-4) INHIBITORS

JANUVIA
ONGLYZA

DIPEPTIDYL PEPTIDASE-4 (DPP-4) INHIBITOR / BIGUANIDE COMBINATIONS

JANUMET
JANUMET XR
KOMBIGLYZE XR

INCRETIN MIMETIC AGENTS

BYETTA

INSULINS

APIDRA
HUMALOG
HUMULIN
LANTUS
LEVEMIR
NOVOLIN
NOVOLOG

INSULIN SENSITIZERS

ACTOS

INSULIN SENSITIZER / BIGUANIDE COMBINATIONS

ACTOPLUS MET

INSULIN SENSITIZER / SULFONYLUREA COMBINATIONS

DUETACT

§ MEGLITINIDES

nateglinide
PRANDIN

§ SULFONYLUREAS

glimepiride
glipizide
glipizide ext-rel

SUPPLIES

ACCU-CHEK STRIPS
AND KITS
BD INSULIN SYRINGES
AND NEEDLES

ONETOUCH STRIPS AND KITS	§ TRANSDERMAL <i>estradiol</i> VIVELLE-DOT	AVODART	CLARITIN-D OTC † OTC STORE BRANDS † ZYRTEC-D OTC †	TOPICAL DERMATOLOGY § ACNE <i>adapalene</i> <i>clindamycin solution</i> <i>clindamycin-benzoyl</i> <i>peroxide</i> <i>erythromycin solution</i> <i>erythromycin-benzoyl</i> <i>peroxide</i> <i>tretinoin</i> DUAC RETIN-A MICRO
CALCIUM REGULATORS § BIPHOSPHONATES <i>alendronate</i> <i>ibandronate</i>	§ ESTROGEN / PROGESTINS, ORAL <i>estradiol-norethindrone</i> PREMPHASE PREMPRO	§ URINARY ANTISPASMODICS <i>oxybutynin</i> <i>oxybutynin ext-rel</i> <i>trospium</i> DETROL DETROL LA	BETA AGONISTS, INHALANTS § SHORT ACTING <i>albuterol</i> PROAIR HFA	
§ CALCITONINS <i>calcitonin-salmon</i>	§ PROGESTINS, ORAL <i>medroxyprogesterone</i> <i>progesterone, micronized</i> PROMETRIUM	HEMATOLOGIC § ANTICOAGULANTS <i>warfarin</i> COUMADIN PRADAXA	LONG ACTING FORADIL SEREVENT	
PARATHYROID HORMONES FORTEO	SELECTIVE ESTROGEN RECEPTOR MODULATORS EVISTA	RESPIRATORY ANAPHYLAXIS TREATMENT AGENTS EPIPEN EPIPEN JR	§ LEUKOTRIENE RECEPTOR ANTAGONISTS <i>zafirlukast</i> SINGULAIR	OPHTHALMIC § ANTIALLERGICS <i>azelastine</i>
CONTRACEPTIVES § MONOPHASIC <i>ethinyl estradiol- drospirenone</i> (<i>gianvi, ocella</i>) <i>ethinyl estradiol- levonorgestrel</i> (<i>aviane, levora</i>)	§ THYROID SUPPLEMENTS <i>levothyroxine</i>	§ ANTICHOLINERGICS SPIRIVA	§ NASAL ANTIHISTAMINES <i>azelastine</i> ASTEPRO	§ ANTI- INFLAMMATORIES, STEROIDAL DUREZOL
§ EXTENDED CYCLE <i>amethia</i> <i>amethia lo</i> <i>camrese</i> <i>camrese lo</i> <i>ethinyl estradiol- levonorgestrel</i>	GASTROINTESTINAL § H ₂ RECEPTOR ANTAGONISTS <i>ranitidine</i>	§ ANTICHOLINERGIC / BETA AGONIST COMBINATIONS <i>ipratropium-albuterol</i> <i>inhalation solution</i> COMBIVENT	§ NASAL STEROIDS <i>flunisolide</i> <i>fluticasone</i> <i>triamcinolone</i> NASONEX	§ BETA-BLOCKERS, NONSELECTIVE <i>timolol maleate solution</i> BETIMOL
TRANSDERMAL ORTHO EVRA	§ PROTON PUMP INHIBITORS <i>lansoprazole</i> <i>omeprazole</i> <i>omeprazole-sodium</i> <i>bicarbonate</i> <i>pantoprazole</i> PREVACID 24HR OTC † PRILOSEC OTC † ZEGERID OTC †	§ ANTIHISTAMINES, LOW SEDATING OTC STORE BRANDS † ZYRTEC OTC †	STEROID / BETA AGONIST COMBINATIONS ADVAIR DULERA SYMBICORT	BETA-BLOCKERS, SELECTIVE BETOPTIC S
VAGINAL NUVARING	GENITOURINARY § BENIGN PROSTATIC HYPERPLASIA <i>doxazosin</i> <i>finasteride</i> <i>tamsulosin</i> <i>terazosin</i>	§ ANTIHISTAMINES, NONSEDATING ALLEGRA OTC † CLARITIN OTC † OTC STORE BRANDS †	§ STEROID INHALANTS <i>budesonide suspension</i> ALVESCO ASMANEX FLOVENT PULMICORT FLEXHALER QVAR	§ SYMPATHOMIMETICS <i>brimonidine</i> ALPHAGAN P
ESTROGENS § ORAL <i>estradiol</i> <i>estropipate</i> ENJUVIA PREMARIN		§ ANTIHISTAMINE / DECONGESTANTS ALLEGRA-D OTC †		SYMPATHOMIMETIC / BETA-BLOCKER COMBINATIONS COMBIGAN

§ Generics are available in this class and should be considered the first line of prescribing.

† Your benefit document defines actual benefits available and may exclude over-the-counter (OTC) drug coverage. Check your benefit information to verify coverage, or view personal benefit information through our website.

‡ Indicates the proposed mechanism of action, based on the American Psychiatric Association Summary of Treatment Recommendations.

The drug names listed herein are the registered and/or unregistered trademarks of third-party pharmaceutical companies. These trademarks are included herein for informational purposes only and are not intended to imply or suggest any affiliation with any such third-party pharmaceutical companies.

What if my drug is not listed in this brochure?

This brochure is a listing of the most commonly prescribed drugs that treat certain health conditions. If your drug is not listed, it may well be that:

1. Your drug is a generic and all generics are preferred drugs.
2. Your drug is not a preferred drug and is available at the highest copayment or coinsurance, or
3. Your drug is preferred, but is not included in this brochure.
4. There are a few drugs for which your doctor may need to request prior authorization before you fill the prescription. This is to make sure your benefit plan covers them. Visit our website for more details.
5. Your drug is available over-the-counter or is not covered by your plan. For many conditions, an over-the-counter medication may be the appropriate treatment. Talk to your doctor about over-the-counter medications. They may be a good choice for you and may cost you less.

Keep in mind this list is subject to change at any time during the year without prior notice to members or doctors. Your benefit document defines your actual benefit and may exclude coverage for certain drugs listed in this brochure. Some drugs have quantity limits on them. This means you can only receive a limited amount at one time or during a specific time period. Your pharmacist can tell you if your benefit plan puts any limits on your prescriptions.

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Effective 01/01/2012
Updated 07/01/2012 v2

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