



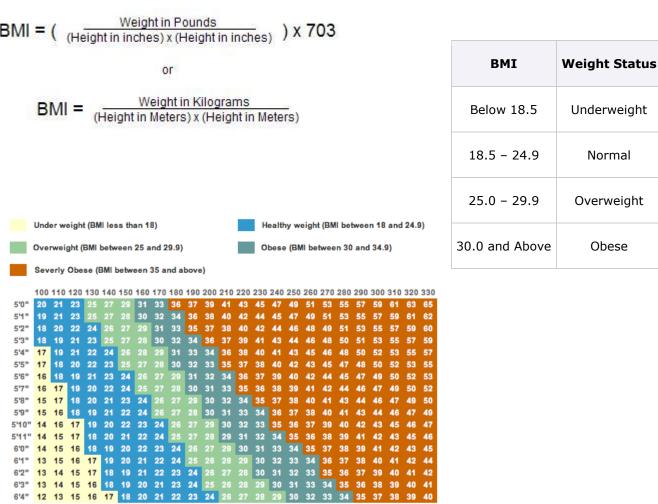
## Weight Loss Challenge 2013 Official Rules

You must be a client to participate.

64" 12 13 15 16 17 18 20 21 22 23 24 26 27

- The winners must have started with a Body Mass Index (BMI) of 25 or greater.
- You must use the same scale to weigh yourself.

## \*How to Calculate Your BMI:



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