

## Telehealth Benefit:

A telehealth benefit provides fast and convenient access to quality medical care 24 hours a day, 365 days a year throughout the United States **with a \$0.00 consultation fee**. This telehealth program includes immediate family/household members at no additional cost.

A national network of U.S. board certified physicians will be able to diagnose illnesses, recommend the best treatment option and provide a prescription, if needed. The physician network includes Family Medicine, Pediatrics and Internal Medicine. You can access physicians by phone or online video. Telehealth is a convenient and inexpensive alternative to non-emergent Emergency Room visits, non-critical care clinics, or when you don't have access to your primary care provider.

Telehealth provides medical diagnosis and treatment for common healthcare challenges such as:

- |                          |                        |
|--------------------------|------------------------|
| - Allergies              | -Sinus Infections      |
| -Bronchitis              | -Cold/Flu Symptoms     |
| -Urinary Tract Infection | -Respiratory Infection |
| -Sore Throat             | -Pink Eye              |
| -Ear Infection           | -Rashes                |
| -Stomach Ache/Diarrhea   | -Minor Burns           |
| -Insect Bites            | -Poison Ivy            |
| -Arthritic Pain          | -Many More.....        |

**Telehealth will save you time and money and provide peace of mind.**

## How It Works:

- Complete a personal health history
- Request a physician consultation by telephone or online
- Physician will contact you within 15 minutes on average, guaranteed within 1 hour
- Physician will conduct the consultation and recommend appropriate treatment
- Physician will e-prescribe medication directly to the pharmacy of your choice
- Physician completes a patient consultation form and updates your medical record
- Consultation notes are available to you via the online portal
- Consultation notes can be sent to your physician (Optional)

