

# CONVENIENCE CARE CLINICS



## Helping you and your doctor better manage your health

When you need treatment for common ailments and injuries, you have more choices. You have already come to trust the health care services offered through our broad provider networks. Now you can get high-quality, affordable services for a wide variety of routine medical conditions through convenience care clinics located throughout the country.

Because we believe that your doctor has primary responsibility for your care and treatment, the results of your diagnosis and treatment are sent to your doctor with your permission. If you have a more severe condition, or require treatment in a different setting, the convenience care clinician will refer you to a doctor or an emergency room.

### The convenience care clinics available include:

- MinuteClinic
- RediClinic
- Sutter Express Care
- Take Care Health
- Target Clinic
- The Little Clinic

*Refer to the provider directory for a complete list of clinics in the Cigna network.*

The medical care delivered by the health teams at the convenience care clinics is covered by Cigna, just like any other service you receive from a health care professional.

### Imagine:

- ▶ Not waiting for an appointment – when you need care, you walk right in. Wait times average 15 minutes or less.
- ▶ Finding a convenience care clinic in or near your favorite retail store, with hours that fit into your busy schedule.
- ▶ Receiving high-quality medical care in a facility overseen by doctors and staffed by certified nurse practitioners and physician assistants.
- ▶ Getting all this and more – and the cost for these services are handled the same as primary care physician office visits.

### Consider convenience care for help with the following conditions:\*

- Allergies
- Athlete's foot
- Bladder infections
- Bronchitis
- Chlamydia
- Cold sores
- Deer tick bites
- Ear infections
- Influenza
- Impetigo
- Laryngitis
- Minor burns, rashes or skin infections
- Minor sunburn
- Mononucleosis
- Pinkeye and styes
- Poison ivy
- Pregnancy testing
- Ringworm
- Sinus infections
- Strep throat
- Swimmer's ear
- Swimmer's itch
- Wart removal

**Together, all the way.<sup>SM</sup>**



Offered by: Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company or their affiliates.

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## We also provide vaccinations\* for:

- DTaP (diphtheria, tetanus, pertussis)
- Hepatitis A and B
- MMR (measles, mumps, rubella)
- Influenza
- Polio
- Pneumonia
- Meningitis
- Td (tetanus, diphtheria)



Look for MinuteClinic health care centers in retail outlets like CVS/pharmacy®, Cub Foods®, and QFC in the following states.

- Arizona
- Illinois
- Michigan
- New York
- Rhode Island
- California
- Indiana
- Minnesota
- North Carolina
- South Carolina
- Connecticut
- Kansas
- Missouri
- Ohio
- Tennessee
- Florida
- Maryland
- Nevada
- Oklahoma
- Texas
- Georgia
- Massachusetts
- New Jersey
- Pennsylvania
- Virginia



RediClinics can be found in select H-E-B® stores in Texas.

- Austin
- Houston
- Pasadena
- San Antonio



Clinics are located within Rite Aid Pharmacies in the following Greater Sacramento communities.

- Roseville
- Sacramento/South



Take Care Health Systems provides walk-in health care services in the Health Corner Clinic in select Walgreens® drugstores and Eckerd pharmacies in the following states.

- Arizona
- Georgia
- Kentucky
- Nevada
- Tennessee
- Colorado
- Illinois
- Louisiana
- New Jersey
- Texas
- Delaware
- Indiana
- Mississippi
- Ohio
- Wisconsin
- Florida
- Kansas
- Missouri
- Pennsylvania



Target Clinics can be found in select Target stores in the following states.

- Florida
- Illinois
- Minnesota
- Maryland



The Little Clinics are conveniently housed in select Kroger and Publix stores in the following states.

- Arizona
- Florida
- Kentucky
- Tennessee
- Colorado
- Georgia
- Ohio

## To locate a convenience care clinic near you:

Access the Cigna provider directory on [myCigna.com](http://myCigna.com) by:

- Clicking the Find a Doctor or Service button on the top menu bar.
- Click Find a Hospital.
- Click Convenience Care Clinic.

**Or call the toll-free number on your ID card.**

\*Call the clinic near you to learn which treatments are available.

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