Answers to questions about the UnitedHealth Premium® program.

The UnitedHealth Premium program evaluates physicians in several specialties using evidence-based medicine and national standardized measures to help you locate quality and cost-efficient providers. It's easy to find a UnitedHealth Premium Care Physician. Just log onto **myuhc.com®** and click on **Find a Doctor.** Choose smart. Look for blue hearts.

Quality is evaluated on evidence-based medicine and national industry guidelines. Cost-efficiency standards rely on local market benchmarks for the efficient use of resources in providing care. A doctor's Premium designation is shown on **myuhc.com** and in provider directories.

1. What are the possible UnitedHealth Premium designations?

There are several possible Premium designations for a doctor. Doctors who have met the criteria for quality and/or cost efficiency could have one of these 4 UnitedHealth Premium designations.

These designations are shown on **myuhc.com** and in provider directories.

The fact that a doctor does not have a quality designation does not mean that the doctor does not provide quality health services. All doctors who are part of the UnitedHealthcare network must meet our standard credentialing requirements (separate from the Premium program).

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Premium Care Physician
The physician meets the UnitedHealth Premium program quality and cost-efficient care criteria.

Quality Care Physician
This physician meets the UnitedHealth Premium program quality care criteria but does not meet the program's cost-efficient care criteria or is not evaluated for cost-efficient care.

Does Not Meet Premium Quality Criteria
The physician does not meet the UnitedHealth Premium program quality criteria so the physician is not eligible for a Premium designation.

Not Evaluated for Premium Care
The physician's specialty is not evaluated in the UnitedHealth Premium program, the physician does not have enough claims data for program evaluation or the physician's program evaluation is in process.

If a doctor does not have a Premium designation, it does not mean he or she provides a lower standard of care. It could mean that the data available to us was not sufficient to include the doctor in the program. All doctors who are part of the UnitedHealthcare network must meet our credentialing requirements (separate from the Premium program).

UnitedHealthcare®

2. Why should I consider a doctor's UnitedHealth Premium designation?

Where you get care is your personal choice. No two doctors are exactly alike and you probably think about many factors when choosing a doctor. The UnitedHealth Premium designation can help you make more informed and confident health care decisions.

3. How do I find a UnitedHealth Premium doctor?

Website:

On **myuhc.com**, you can easily search for a doctor or facility in your area. In addition to the doctor's Premium designation and contact information, this practical, powerful website offers access to your benefit and claims information, health and wellness information, and a whole lot more.

Smartphone:

Our free smartphone app, Health4Me®, provides instant access to your family's important health information—anytime and anywhere. Whether you want to find a doctor near you, check the status of a claim or speak directly with a health care professional, Health4Me is your go-to resource.

Toll-free call:

Call the number on your health plan ID card to speak with a customer care professional.

4. How is cost measured as a part of the UnitedHealth Premium program?

The Premium program has a long history of addressing the variation in quality and cost of health care. The cost-efficiency standards are based on the care provided to a patient during the entire treatment for a condition. It can include the appropriate use of diagnostic testing, prescribed medications, any related procedures, and follow-up care and associated costs. The evaluation also factors in surgical redo rates and any complication-related costs.

5. Is the UnitedHealth Premium program available in my area?

The UnitedHealth Premium program is available in 169 markets across 44 states. To find out if the Premium program is available in your area, visit **myuhc.com** or call the number on the back of your health plan ID card.

6. Where can I find more information about the UnitedHealth Premium program?

Visit UnitedHealthPremium.com or go to **myuhc.com** and click on **Find Physician or Facility** on the right-hand side of the screen. You can also call the number on the back of your health plan ID card.

7. What specialties are included in the UnitedHealth Premium program?

The UnitedHealth Premium Program covers these specialty and subspecialty areas of medicine.

Allergy
- Allergy
- Allergy & Immunology

Cardiology
- Cardiology
- Cardiovascular Disease
- Cardiac Diagnostic
- Interventional Cardiology
- Clinical Cardiac Electrophysiology

ENT
- Otolaryngology
- Otology
- Pediatric Otolaryngology
- Head and Neck Surgery
- Laryngology
- Rhinology

Endocrinology
- Endocrinology, Diabetes and Metabolism

Family Medicine
- Preventive Medicine
- Family Practice
- General Practice

Gastroenterology
- Digestive Diseases
- Endoscopy
- Hepatology—Liver Disease
- Gastroenterology

General Surgery
- Abdominal Surgery
- Proctology
- Colon & Rectal Surgery
- Surgery

Internal Medicine
- Internal Medicine
- Pediatric Internal Medicine

Nephrology
- Nephrology

Neurology
- Neuromuscular Disease
- Neurology
- Neurology & Psychiatry

Neurosurgery, Orthopedics & Spine
- Orthopedic Surgery
- Neurology Surgery
- Shoulder Surgery
- Knee Surgery
- Back & Spine Surgery
- Sports Medicine
- Hand Surgery

Obstetrics & Gynecology
- Gynecology
- Obstetrics
- Obstetrics & Gynecology

Pediatrics
- Pediatrics
- Pediatric Adolescent
- Adolescent Medicine

Pulmonology
- Pulmonary Medicine

Rheumatology
- Rheumatology

Urology
- Urology

For more information,
visit UnitedHealthPremium.com or call the phone number on your health plan ID card.

The UnitedHealth Premium® designation program is a resource for informational purposes only. Designations are displayed in UnitedHealthcare online physician directories at **myuhc.com®**. You should always visit **myuhc.com** for the most current information. **Premium designations are a guide to choosing a physician and may be used as one of many factors you consider when choosing a physician. If you already have a physician, you may also wish to confer with him or her for advice on selecting other physicians. Physician evaluations have a risk of error and should not be the sole basis for selecting a physician.** Please visit **myuhc.com** for detailed program information and methodologies.

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