

Oral Health's Impact on the Body

Healthcare research continues to confirm: A healthy mouth is inextricably linked to a healthy body. Discover how preventive dental care can contribute to the overall health of employees.

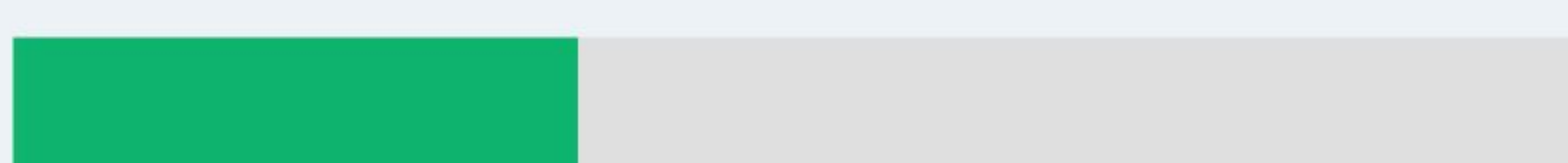
Oral health issues are commonplace but preventable.



Tooth decay and gum disease are some of the most common chronic conditions in the United States — and also some of the most easily preventable.

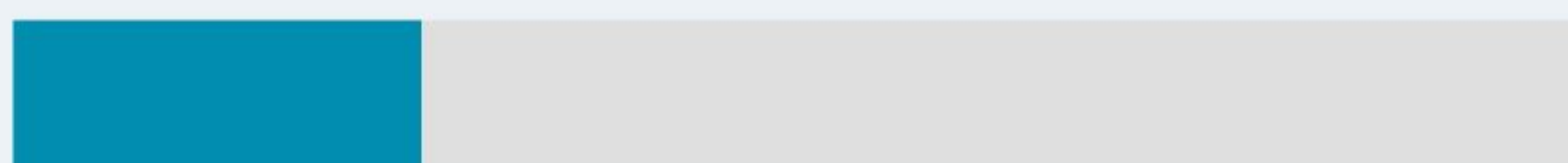
Regular visits will make a difference.

36% of working-age adults have not seen a dentist in the past year.¹

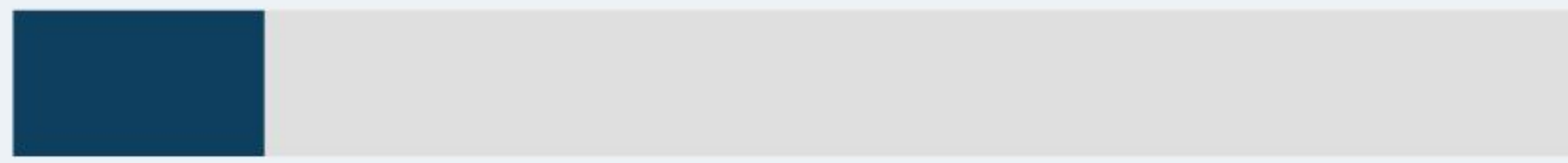


Most common dental issues among working-age adults:²

26%: Untreated tooth decay (cavities or dental caries)



16%: Moderate to severe periodontal disease



What starts in the mouth can affect the rest of the body.



Research continues to find and explore connections between oral health and overall health.

Studies have found links between oral health and other serious conditions:



Cardiovascular disease

- Inflammatory bacteria from periodontitis can enter into the bloodstream and increase the risk of cardiovascular disease.³



Diabetes

- People who have diabetes are 3x more likely to get periodontitis compared to those without diabetes.⁴



Pregnancy complications

- Mothers with periodontal disease are 7.5x at greater risk of delivering preterm, low-birth-weight infants.⁴
- Changes in body chemistry due to pregnancy increase acid secretion, which can erode tooth enamel more rapidly.⁴



And more:

- Research has shown certain connections between oral health and other serious conditions like stroke, mental health, endocarditis, head and neck cancers, and more.⁴

Choices made about dental health have wide-reaching ramifications. Empower employees to take care of their health starting with their mouth.

For more insights to help you communicate the importance of preventive dental care, download our ebook [Happy, Healthy Organizations Smile.](#)