Oral Health's Impact on the Body

Healthcare research continues to confirm: A healthy mouth is inextricably linked to a healthy body. Discover how preventive dental care can contribute to the overall health of employees.

Oral health issues are commonplace but preventable.



Tooth decay and gum disease are some of the most common chronic conditions in the United States—and also some of the most easily preventable.

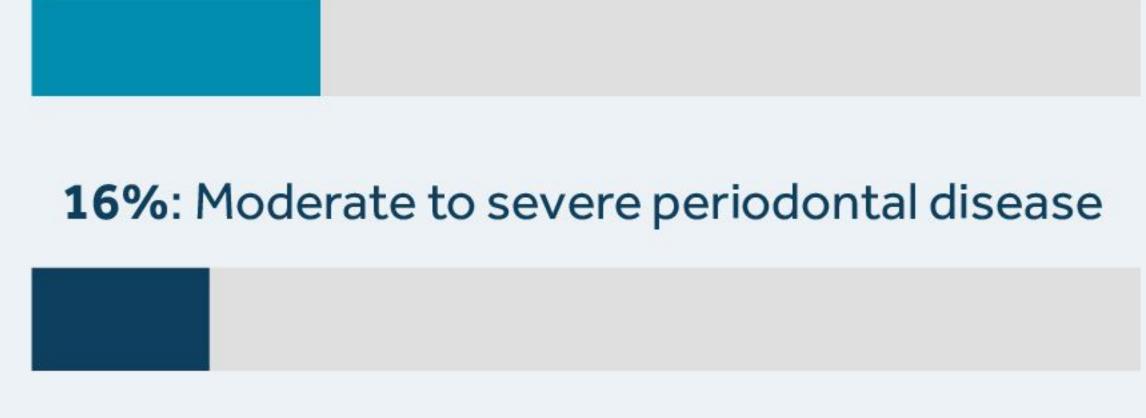
Regular visits will make a difference.

36% of working-age adults have not seen a dentist in the past year.1



Most common dental issues among working-age adults:²

26%: Untreated tooth decay (cavities or dental caries)



mouth can affect the rest of the body.

between oral health and overall health.

What starts in the



Research continues to find and explore connections

Studies have found links between oral health and other serious conditions:



Inflammatory bacteria from periodontitis can enter into the bloodstream and increase the risk

of cardiovascular disease.3

Pregnancy complications

Cardiovascular disease

Diabetes

People who have diabetes are 3x more likely

to get periodontitis compared to those

Mothers with periodontal disease are 7.5x



without diabetes.4

weight infants.⁴
 Changes in body chemistry due to pregnancy increase acid secretion, which can erode tooth enamel more rapidly.⁴

at greater risk of delivering preterm, low-birth-

And more:

Research has shown certain connections



between oral health and other serious conditions like stroke, mental health, endocarditis, head and

like stroke, mental health, endocarditis, head and neck cancers, and more.⁴

Choices made about dental health have wide-reaching ramifications. Empower employees to take care of their health starting with their mouth.

For more insights to help you communicate the importance of preventive dental care, download our ebook

Happy, Healthy Organizations Smile.



1 "Health, United States," 2016, U.S. Department of Health and Human Services, Center for Disease Control and Prevention, National Center for Health Statistics 2 "National Health and Nutrition Examination Survey," Reviewed 2018, National Institute of Dental and Craniofacial Research 3 "Oral Health and Cardiovascular Care." 2017, National Institute

3 "Oral Health and Cardiovascular Care," 2017, National Institutes of Health
4 "The Effects of Oral Health on Systemic Health," 2017,
General Dentistry

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