

# Prior Authorization

July 2019

**Not all benefit plans include the Prior Authorization program. Check your plan materials to see if this information applies to you.**

## What Is Prior Authorization?

It's a quality and safety program that promotes the proper use of certain medications. If your doctor prescribes a medication that is included in our Prior Authorization program, you must get prior approval before your plan will cover your medication.

We base the Prior Authorization program on U.S. Food and Drug Administration and manufacturer guidelines, medical literature, safety, accepted medical practice, appropriate use and benefit design.

## Which Medications Are Included?

This list includes both specialty and non-specialty drugs that require prior authorization under your **pharmacy benefit**. You will also find information on where your doctor should send requests for prior authorization.

Some drugs require **Medical Necessity Prior Authorization (MNPA)**. Before your plan will cover these drugs, you must try one or more covered alternatives first.

If your health plan requires prior authorization for specialty drugs under the **medical benefit**, you can find more information on the Medical Prior Authorization drug list online at your health plan's website.

## What Are the Possible Outcomes of a Prior Authorization Request?

- If you meet the requirements, your drug will be approved, and we will cover it. Your drug may be approved for up to one year or more. You will be sent a letter letting you know that your drug has been approved.
- If you do not meet the requirements, your prior authorization will be denied. Also, if your doctor does

not send in the requested information within a certain period of time, your prior authorization will be denied. If your request is denied, both you and your doctor will be sent a letter explaining the denial. The letter will include information about how you can appeal the decision.

## What Happens at the Pharmacy?

The pharmacist enters your prescription information into the computer system. If your medication needs prior authorization and you already have it, the pharmacist will fill your prescription. If you do not have prior authorization, you have three choices:

- You or your pharmacist can call your doctor and get a prescription for a different medication that does not need prior authorization.
- You can pay full price for your medication.
- You or your pharmacist can ask your doctor to get prior authorization for you.

If you do not meet the requirements for prior authorization, you can still choose another option. You and your doctor make the final decision about the medication that is right for you.

If you submit your prescription to your plan's mail-order pharmacy and do not get the required prior authorization, the pharmacy will not fill your prescription. You will receive notification by mail.

## What Happens at a Specialty Pharmacy?

Usually, your doctor will call or fax a prescription directly to the specialty pharmacy. If your prescription requires prior authorization, the specialty pharmacy will tell your doctor how to request this.

Your benefit document defines actual benefits available and may exclude coverage for certain drugs listed here. Check your benefit information to verify coverage or view your personal benefit information on our website. This list may contain trademarks or registered trademarks of pharmaceutical manufacturers that are not affiliated with your health plan. This list may change or expand from time to time without prior notice. When we list brand-name drugs, programs may also apply to any available generic equivalents.

## Prior Authorization List – Specialty Drugs

This list applies to specialty drug coverage under the *pharmacy benefit only*. To request prior authorization for these drugs, please have your doctor call CVS Specialty at 800-237-2767. Your doctor can also fax requests to 866-249-6155. CVS Specialty is a division of CVS Health, an independent company that provides pharmacy services on behalf of your health plan. Drugs listed with a (+) require medical necessity prior authorization—see **Table A** for more information. To request prior authorization for drugs listed with a (^), please have your doctor call the precertification number on the back of your member identification card. Preferred drugs under the pharmacy benefit are listed with a (#).

<b>A</b> <hr/> Abiraterone (#) Abraxane Actemra (+) Actimmune Adagen Adcetris Adcirca ( <i>brand &amp; generic</i> ) (+) Adempas (#) Advate Adynovate Afinitor Aldurazyme Alecensa Alimta Aliqopa Alphanate Alphanine SD Alprolix Alunbrig Ambrisentan Ampyra ( <i>generic available-brand is non-preferred</i> ) Apokyn Aralast NP Aranesp Arcalyst Arzerra Astagraph XL Aubagio (#) Avastin Aveed Avonex (+) Azacitidine (#)	Besponsa Betaseron (#) Bethkis Bivigam Blincyto Bosulif (#) Botox Braftovi Bravelle (+) Buphenyl  <b>C</b> <hr/> Cabometyx Calquence Capecitabine (#) Caprelsa Carbaglu Carimune NF Cayston Cerdelga Cerezyme Cetrotide Cholbam Cimzia (+) Cinacalcet (#) Cinryze Coagadex Cometriq Copaxone Copegus Copiktra Cosentyx (#) Cotellic Cyramza Cystadane Cystagon Cystaran  <b>D</b> <hr/> Dacogen Dalfampridine (#) Darzalex Daurismo Decitabine (#) Deferoxamine (#)	Desferal Diacomit Docefrez Docetaxel (#) Dofetilide (#) Duopa Dupixent Dysport  <b>E</b> <hr/> Egrifta Elaprase Elelyso Eligard Elocate Empliciti Enbrel (#) Entyvio (+) Epclusa (#) Epiodiolex Epogen Epoprostenol sod. (#) Erbitux Erivedge Erleada (#) Erlotinib Erwinaze Esbriet Euflexxa (+) Exjade Extavia (+) Eylea  <b>F</b> <hr/> Fabrazyme Farydak Feiba NF Ferriprox Firazyr Firmagon Flebogamma Flolan Follistim AQ (+) Folutyn Forteo (#) Fusilev	<b>G</b> <hr/> Galafold Gamastan S/D Gammagard Gammagard S/D Gammaked Gammaplex Gamunex C Ganirelix Gattex Gazyva Gel-One (#) Gemcitabine Genotropin (+) Gilenya (#) Gilotrif Glassia Glatopa (#) Gleevec (+) Gonal-F (#) Granix Grastek  <b>H</b> <hr/> Haegarda Halaven Harvoni (#) Helixate FS (+) Hemofil-M Herceptin Herceptin Hylecta Hetlioz Hizentra HP Acthar Humate-P Humatrope (#) Humira (#) Hyalgan (#) Hycamtin HyQvia  <b>I</b> <hr/> Ibrance (#) Iclusig Ilaris Illuvien	Imatinib (#) Imbruvica Imfinzi Increlex Inflectra (+) Inlyta Intron-A Iressa Istodax Ixempria Ixinity  <b>J</b> <hr/> Jadenu Jakafi Jetrea Jevtana Juxtapid (+)  <b>K</b> <hr/> Kadcylla Kalbitor Kalydeco Kanuma Kevzara (#) Keytruda Kineret (+) Kisqali/Femara (#) Kitabis Pak Koate-DVI Kogenate FS (#) Korlym (^) Krystexxa Kuvan Kynamro (+) Kyprolis  <b>L</b> <hr/> Lartruvo Lemtrada Lenvima Letairis (#) Leukine Leuprolide (#) Lonsurf Lorbrena
---	---	---	--	--

## Prior Authorization List – Specialty Drugs

Lucentis  
Lumizyme  
Lupaneta  
Lupron Depot/PED

### M

Macugen  
Mavyret (#)  
Mekinist  
Mektovi  
Menopur  
Mitoxantrone HCL  
Moderiba (+)  
Monoclalte-P  
Mononine  
Monovisc (+)  
Mozobil  
Myfortic  
Myobloc

### N

Naglazyme  
Natpara  
Nerlynx  
Neulasta  
Neumega  
Neupogen (+)  
Nexavar  
Ninlaro  
Norditropin (#)  
Northera  
Novoeight  
Novoseven  
Nplate  
Nutropin/AQ (+)

### O

Obizur  
Ocrevus (+)  
Octagam  
Octreotide Acetate  
Odomzo  
Ofev  
Omnitrope (+)

Oncaspar  
Onivyde  
Opdivo  
Opsumit (#)  
Oralair  
Orencia IV/SC (+)  
Orenitram  
Orfadin  
Orkambi  
Orthovisc (+)  
Otezla (#)  
Otrexup  
Ovidrel  
Ozurdex

### P

Pegasys (#)  
PEG-Intron (+)  
Perjeta  
Plegridy (+)  
Pomalyst  
Prialt  
Privigen  
Procrit (#)  
Procysbi  
Profilnine SD  
Proleukin  
Prolia  
Promacta  
Provenge  
Pulmozyme  
Purixan

### Q

Qutenza

### R

Ragwitek  
Rasuvo  
Ravicti  
Rebetol (+)  
Rebif/Rebifose (#)  
Reclast  
Recombinate

Regranex  
Remicade (+)  
Retisert  
Revatio (brand & generic) (+)  
Revlimid  
Ribapak (+)  
RibaspHERE  
Ribatab  
Rituxan (+)  
Rixubis  
Rubraca  
Ruconest  
Rydapt

### S

Sabril  
Saizen (+)  
Samsca  
Sandimmune  
Sandostatin/LAR  
*Sensipar (generic available-brand is non-preferred)*  
Serostim  
Signifor LAR  
Sildenafil (#)  
Simponi/Aria (+)  
Soliris  
Somatuline Depot  
Somavert  
Spinraza  
Sprycel (#)  
Stelara (#)  
Stimate  
Stivarga  
Strensiq  
Supartz FX (#)  
Supprelin LA  
Sutent  
Sylatron  
Sylvant  
Synagis

Synribo  
Synvisc/One (+)

### T

Tadalafil (#)  
Tafinlar  
Tagrisso  
Talzenna  
Tarceva  
Targretin  
Taxotere  
Tecentriq  
Tecfidera (#)  
Temodar (+)  
Temozolomide (#)  
Temsilolimus (#)  
Tetrabenazine (#)  
Thalomid  
TOBI Podhaler (+)  
Tobramycin (#)  
Topotecan  
Torisel  
Tracleer (#)  
Treanda  
Trelstar  
Trepstinil (#)  
Tykerb  
Tysabri (+)  
Tyvaso

### U

Upravi (#)

### V

Valchlor  
Valstar  
Vantas  
Vectibix  
Velcade  
Veletri  
Venclexta  
Verzenio  
Vidaza  
Vigabatrin (#)

Viktrakvi  
Vimizim  
Visudyne  
Vosevi (#)  
Votrient  
VPRIV

### W

Wilate  
Winrho SDF

### X

Xalkori  
Xeljanz/XR (#)  
Xeloda (+)  
Xeomin  
Xermelo  
Xgeva  
Xiaflex  
Xolair  
Xospata  
Xtandi (#)  
Xyntha  
Xyrem (^)

### Y

Yervoy

### Z

Zaltrap  
Zarxio (#)  
Zavesca  
Zejula  
Zelboraf  
Zemaira  
Zoladex  
Zoledronic acid (#)  
Zolinza  
Zomacton (+)  
Zometa  
Zorbtive  
Zydelig  
Zykadia  
Zytiga (#)

**Table A: Specialty Drugs Requiring Medical Necessity Prior Authorization**

Condition/Drug Class	Before you have coverage for one of these drugs...	...you must have tried one (or more) of these alternative drugs first.
Brain Cancer	Temodar	temozolomide
Colon Cancer	Xeloda	capecitabine
Cystic Fibrosis	TOBI Podhaler	Tobramycin inhalation
Decrease in White Blood Cells	Neupogen	Zarxio
Growth Deficiency	Genotropin, Nutropin/AQ, Omnitrope, Saizen, Zomacton	Humatrope, Norditropin Flexpro
Hemophilia	Helixate FS	Kogenate
High Cholesterol	Juxtapid, Kynamro	Repatha
Infertility	Bravelle, Follistim AQ	Gonal-F ( <i>all</i> )
Inflammatory Conditions ( <i>Crohn's Disease, Psoriasis, Rheumatoid Arthritis</i> )	Actemra, Cimzia, Entyvio, Inflectra, Kineret, Orencia, Remicade, Rituxan, Simponi/Aria	Cosentyx, Enbrel, Humira, Kevzara, Otezla, Stelara, Xeljanz/XR
Leukemia/Multiple Cancers	Gleevec	imatinib
Multiple Sclerosis	Avonex, Extavia, Ocrevus, Plegridy, Tysabri	Aubagio, Betaseron, Copaxone, Gilenya, glatiramer, Glatopa, Rebif, Tecfidera
Osteoarthritis of the Knee	Euflexxa, Monovisc, Orthovisc, Synvisc/One	Gel-One, Hyalgan, Supartz
Pulmonary Arterial Hypertension	Adcirca, Revatio	tadalafil, sildenafil

## Prior Authorization – Non-specialty Drugs

To request prior authorization for these drugs, please have your doctor call the CVS Caremark Prior Authorization department at 800-294-5979. Your doctor can also fax requests to 888-836-0730. CVS Caremark is a division of CVS Health, an independent company that provides pharmacy services on behalf of your health plan.

Drugs listed with a (+) require medical necessity prior authorization—see **Table B** for more information.

<p><b>A</b></p> <hr/> Abstral Actiq Aimovig Altprev (+) Ambien/CR (+) Amitiza (+) Anadrol-50 Apidra (+) armodafinil ( <i>generic Nuvigil</i> ) Avalide (+) Avapro (+)	<p><b>D</b></p> <hr/> Detrol/LA (+) Diabetic Test Strips (+) Diclofenac epolamine patch (+) Diovan/HCT (+) Ditropan XL (+) Dulera (+) Dymista (+)	<p>Insulin lispro (+)                      Intermezzo (+)                      Invokamet/XR (+)                      Invokana (+)</p> <p><b>J</b></p> <hr/> Jentaduetto/XR (+) <p><b>K</b></p> <hr/> Kazano (+) Kombiglyze XR (+) <p><b>L</b></p> <hr/> Lansoprazole solutabs Lazanda Lescol/XL (+) Levemir (+) lidocaine ( <i>generic</i> ) Lipitor (+) Livalo (+) Lovaza Lumigan (+) <p><b>M</b></p> <hr/> Mevacor (+) Micardis/HCT (+) modafinil ( <i>generic Provigil</i> ) Motegrity (+) Myrbetriq (+) <p><b>N</b></p> <hr/> Naprelan (+) Nasacort AQ (+) Nesina (+) Novolin Relion (+)	<p><b>O</b></p> <hr/> Oleptro (+) Olux-E (+) Omega 3 Ethyl Esters Omnaris (+) Omtryg Onglyza (+) Onsolis Oseni (+) Oxytrol (+) Ozempic (+) <p><b>P</b></p> <hr/> Pradaxa (+) Pravachol (+) Prevacid Solutab Proscar <p><b>Q</b></p> <hr/> Qnasl (+) <p><b>R</b></p> <hr/> Rhinocort AQ (+) Riomet (+) <p><b>S</b></p> <hr/> Sanctura (+) Savaysa (+) Seebri Neohaler (+) Sonata (+) Soriatane Sporanox capsules & solution Subsys Sustol	<p><b>T</b></p> <hr/> Tekturna/HCT (+) Teveten/HCT (+) Tobacco Cessation Toviaz (+) Tradjenta (+) Tresiba (+) Trulicity (+) Tudorza Pressair (+) <p><b>U</b></p> <hr/> N/A <p><b>V</b></p> <hr/> Vascepa Viberzi (+) Victoza (+) <p><b>W</b></p> <hr/> N/A <p><b>X</b></p> <hr/> Xifaxan 550 mg (+) <p><b>Y</b></p> <hr/> N/A <p><b>Z</b></p> <hr/> Zetonna (+) Zocor (+) Zohydro
<p><b>B</b></p> <hr/> Basaglar (+) Beconase AQ (+) Belsomra (+) Benznidazole Buprenorphine Bydureon/BCISE (+) Byetta (+)	<p><b>E</b></p> <hr/> Edarbi (+) Edarbyclor (+) Edluar (+) Emgality Epanova <p><b>F</b></p> <hr/> Fentora Flector patch (+) Flonase (+) Freestyle Libre ( <i>sensor &amp; reader</i> ) <p><b>G</b></p> <hr/> N/A <p><b>H</b></p> <hr/> Humalog (+) Humulin ( <i>except U-500</i> ) (+) Hyzaar (+) <p><b>I</b></p> <hr/> Incruse Ellipta (+)			
<p><b>C</b></p> <hr/> Celebrex celecoxib clindamycin phosphate-tretinoin ( <i>generic Ziana</i> ) Compound Drugs ( <i>costing \$300 or more</i> ) Cozaar (+) Crestor (+)				

**Table B: Non-specialty Drugs Requiring Medical Necessity Prior Authorization**

Condition/Drug Class	one of these drugs...	e) of these alternative drugs first.
<b>Arthritis/Pain</b>	Flector ( <i>diclofenac epolamine</i> ) patch, Naprelan	Generic oral immediate release NSAIDs
<b>Asthma/COPD (A)</b>	Dulera	Advair Diskus, Advair HFA, Symbicort
<b>Asthma/COPD (B)</b>	Incruse Ellipta, Seebri Neohaler, Tudorza Pressair	Spiriva, Spiriva Respimat
<b>Blood Clots</b>	Savaysa, Pradaxa	Xarelto, Eliquis
<b>Cholesterol Lowering (high potency)</b>	Crestor	atorvastatin, ezetimibe/simvastatin ( <i>generic for Vytorin</i> ), rosuvastatin
<b>Cholesterol Lowering</b>	Lescol/XL, Lipitor, Livalo, Mevacor, Pravachol, Zocor	atorvastatin, fluvastatin, fluvastatin ext-rel, lovastatin, pravastatin, rosuvastatin, simvastatin
<b>Depression</b>	Oleptro	trazodone
<b>Dermatologic</b>	Olux-E	Clobetasol propionate foam 0.05%
<b>Diabetes (Insulin)</b>	All Apidra, Humalog (insulin lispro), Humulin ( <i>except U-500</i> ), Novolin Relion	Novolog, Novo Novolin
<b>Diabetes (long-acting insulin)</b>	Basaglar, Levemir, Tresiba	Lantus, Toujeo
<b>Diabetes (Biguanides)</b>	Riomet	metformin/XR ( <i>generics for Glucophage/XR</i> )
<b>Diabetes (DPP-4)</b>	Jentadueto/XR, Kazano, Kombiglyze XR, Nesina, Onglyza, Oseni, Tradjenta	Januvia, Janumet/XR
<b>Diabetes (SGLT2)</b>	Invokana, Invokamet/XR	Farxiga, Jardiance, Synjardy/XR, Xigduo XR
<b>Diabetes (GLP-1)</b>	Bydureon/BCISE, Byetta	Ozempic, Trulicity, Victoza <i>These drugs require prior use of metformin, metformin ER (generic Glucophage XR) or authorization through the CVS Caremark Prior Authorization department.</i>
<b>Diabetes Supplies</b>	All test strips other than OneTouch <i>Members on insulin pumps that require specific test strips other than OneTouch may be granted a lifetime approval to continue to fill their current test strips.</i>	OneTouch
<b>Glaucoma</b>	Lumigan	latanoprost, Travatan Z, Zioptan
<b>Hypertension</b>	Avapro, Avalide, Cozaar, Hyzaar, Diovan/HCT, Edarbi, Edarbyclor, Micardis/HCT, Tekturna/HCT, Teveten/HCT	generic ARBs
<b>Irritable Bowel Syndrome (constipation predominant)</b>	Amitiza	Linzess
<b>Irritable Bowel Syndrome (diarrhea predominant)</b>	Viberzi, Xifaxan 550 mg	loperamide, diphenoxylate/atropine
<b>Nasal Steroids</b>	Beconase AQ, Dymista, Flonase, Nasacort AQ, Omnaris, Qnasl, Rhinocort AQ, Zetonna	budesonide nasal spray, flunisolide, fluticasone nasal, mometasone furoate nasal spray, triamcinolone
<b>Overactive Bladder</b>	Detrol/LA, Ditropan XL, Myrbetriq, Oxytrol, Toviaz	oxybutynin ext-rel, solifenacin, tolterodine, tolterodine ext-rel, trospium, trospium ext-rel, Gelnique, Vesicare
<b>Sleep Medications</b>	Ambien/CR, Belsomra, Edluar, Intermezzo, Sonata	eszopiclone, zolpidem, zolpidem ext-rel, zaleplon

## Non-Discrimination Statement and Foreign Language Access

We do not discriminate on the basis of race, color, national origin, disability, age, sex, gender identity, sexual orientation or health status in our health plans, when we enroll members or provide benefits.

If you or someone you're assisting is disabled and needs interpretation assistance, help is available at the contact number posted on our website or listed in the materials included with this notice (TDD: 711).

Free language interpretation support is available for those who cannot read or speak English by calling one of the appropriate numbers listed below.

If you think we have not provided these services or have discriminated in any way, you can file a grievance by emailing [contact@hcrcompliance.com](mailto:contact@hcrcompliance.com) or by calling our Compliance area at 1-800-832-9686 or the U.S. Department of Health and Human Services, Office for Civil Rights at 1-800-368-1019 or 1-800-537-7697 (TDD).

---

Si usted, o alguien a quien usted está ayudando, tiene preguntas acerca de este plan de salud, tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete, llame al 1-844-396-0183. (Spanish)

---

如果您，或是您正在協助的對象，有關於本健康計畫方面的問題，您有權利免費以您的母語得到幫助和訊息。洽詢一位翻譯員，請撥 1-844-396-0188。 (Chinese)

---

Nếu quý vị, hoặc là người mà quý vị đang giúp đỡ, có những câu hỏi quan tâm về chương trình sức khỏe này, quý vị sẽ được giúp đỡ với các thông tin bằng ngôn ngữ của quý vị miễn phí. Để nói chuyện với một thông dịch viên, xin gọi 1-844-389-4838 (Vietnamese)

---

이 건강보험에 관하여 궁금한 사항 혹은 질문이 있으시면 1-844-396-0187로 연락해 주십시오.  
귀하의 비용 부담없이 한국어로 도와드립니다. (Korean)

---

Kung ikaw, o ang iyong tinutulungan, ay may mga katanungan tungkol sa planong pangkalusugang ito, may karapatan ka na makakuha ng tulong at impormasyon sa iyong wika nang walang gastos. Upang makausap ang isang tagasalin, tumawag sa 1-844-389-4839. (Tagalog)

---

Если у Вас или лица, которому вы помогаете, имеются вопросы по поводу Вашего плана медицинского обслуживания, то Вы имеете право на бесплатное получение помощи и информации на русском языке. Для разговора с переводчиком позвоните по телефону 1-844-389-4840. (Russian)

---

إن كان لديك أو لدى شخص تساعد أسئلة بخصوص خطة الصحة هذه، فلديك الحق في الحصول على المساعدة والمعلومات الضرورية بلغتك من دون أية تكلفة. للتحدث مع مترجم اتصل ب 1-844-396-0189 (Arabic)

Si ou menm oswa yon moun w ap ede gen kesyon konsènan plan sante sa a, se dwa w pou resevwa asistans ak enfòmasyon nan lang ou pale a, san ou pa gen pou peye pou sa. Pou pale avèk yon entèprèt, rele nan 1-844-398-6232. (French/Haitian Creole)

---

Si vous, ou quelqu'un que vous êtes en train d'aider, avez des questions à propos de ce plan médical, vous avez le droit d'obtenir gratuitement de l'aide et des informations dans votre langue. Pour parler à un interprète, appelez le 1-844-396-0190. (French)

---

Jeśli Ty lub osoba, której pomagasz, macie pytania odnośnie planu ubezpieczenia zdrowotnego, masz prawo do uzyskania bezpłatnej informacji i pomocy we własnym języku. Aby porozmawiać z tłumaczem, zadzwoń pod numer 1-844-396-0186. (Polish)

---

Se você, ou alguém a quem você está ajudando, tem perguntas sobre este plano de saúde, você tem o direito de obter ajuda e informação em seu idioma e sem custos. Para falar com um intérprete, ligue para 1-844-396-0182. (Portuguese)

---

Se tu o qualcuno che stai aiutando avete domande su questo piano sanitario, hai il diritto di ottenere aiuto e informazioni nella tua lingua gratuitamente. Per parlare con un interprete, puoi chiamare 1-844-396-0184. (Italian)

---

あなた、またはあなたがお世話をされている方が、この健康保険についてご質問がございましたら、ご希望の言語でサポートを受けたり、情報を入手したりすることができます。料金はかかりません。通訳とお話される場合、1-844-396-0185 までお電話ください。 (Japanese)

---

Falls Sie oder jemand, dem Sie helfen, Fragen zu diesem Krankenversicherungsplan haben bzw. hat, haben Sie das Recht, kostenlose Hilfe und Informationen in Ihrer Sprache zu erhalten. Um mit einem Dolmetscher zu sprechen, rufen Sie bitte die Nummer 1-844-396-0191 an. (German)

---

اگر شما یا فردی که به او کمک می کنید سؤالاتی در باره ی این برنامه ی بهداشتی داشته باشید، حق این را دارید که کمک و اطلاعات به زبان خود را به طور رایگان دریافت کنید. برای صحبت کردن با مترجم، لطفاً با شماره ی 1-844-398-6233 تماس حاصل نمایید. (Persian-Farsi)

---

Ni da doodago t'áá háida biká'aná nilwo'ígíí díí Béeso Ách'ááh naa'nilígi háá'ída yí na' ídíł kidgo, nihá'áhóót'i' nihí ká'a'doo wołgo kwii ha'át'ishíí bí na'ídołkidígi doo bik'é'azláagóó. Ata' halne'é ła' bich'í' ha desdzih nínízingo, koji' béésh bee hółne' 1-844-516-6328. (Navajo)