

## **MMA Real Solutions**

Summary of Benefits and Coverage: What this Plan Covers & What You Pay for Covered Services

Coverage Period: 06/01/2022 - 05/31/2023

Coverage for: Individual/Family | Plan Type: HDHP



The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-868-2528 or visit us at www.BlueChoiceSC.com. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at <a href="https://www.healthcare.gov/sbc-glossary">https://www.healthcare.gov/sbc-glossary</a> or call 1-800-868-2528 to request a copy.

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Important Questions	Answers	Why this Matters:
What is the overall <u>deductible</u> ?	\$3,000/Individual \$6,000/Family for in-network; \$6,000/Individual/\$12,000/Family for out-of-network.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> . See the Common Medical Events chart below for your costs for services this <u>plan</u> covers.
Are there services covered before you meet your deductible?	Preventive care and primary care services are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket limit</u> for this <u>plan</u> ?	Yes. \$3,000/Individual/\$6,000/family for in-network. \$16,000/Individual/\$32,000/family for out-of-network.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a network provider?	Yes. See www.BlueChoiceSC.com or call 1-800-868-2528 for a list of network providers.	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a <u>provider</u> in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.

(DT - OMB control number: 1545-0047/Expiration Date: 12/31/2019)(DOL - OMB control number: 1210-0147/Expiration Date: 5/31/2022)(HHS - OMB control number: 0938-1146/Expiration Date: 10/31/2022)

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your overall <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common		What You	ı Will Pay	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-Of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	0% coinsurance	20% coinsurance	None
	Specialist visit	0% coinsurance	20% coinsurance	None
	Preventive care/screening/immunization	No charge for covered services	Not covered	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	0% coinsurance	20% coinsurance	Preauthorization is required.
	Imaging (CT/PET scans, MRIs)	0% coinsurance	20% coinsurance	Preauthorization is required.
If you need drugs to treat your illness or condition	Tier 1 Tier 2	0% coinsurance/retail prescription 0% coinsurance/mail order prescription 0% coinsurance/retail prescription 0% coinsurance/mail order prescription	Not covered	You will have to pay more if you select a non-generic drug instead of its less expensive Covered generic drug (or Covered over-the-counter alternative).
	Tier 3	0% coinsurance/retail prescription 0% coinsurance/mail order prescription	Not covered	You will have to pay more if you select a non-generic drug instead of its less expensive Covered generic drug (or Covered over-the-counter alternative).

Common		What You	ı Will Pay	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-Of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Tier 4	0% coinsurance/retail prescription 0% coinsurance/mail order prescription	Not covered	You will have to pay more if you select a non-generic drug instead of its less expensive Covered generic drug (or Covered over-the-counter alternative).
More information about prescription drug coverage is available at www.BlueChoiceSC.com/formulary	Tier 5 Tier 6	0% coinsurance/retail prescription 0% coinsurance/mail order prescription 0% coinsurance/retail prescription; 0% coinsurance/mail order prescription	Not covered	Specialty medications are not available through the mail order program for a 90-day supply. This only applies to generic or brand drugs in these tiers.  Not Covered: Drugs designated as excluded on the Prescription Drug List.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	0% coinsurance	20% coinsurance	Preauthorization is required. Ambulatory Surgery Center covered at 0% coinsurance/visit.
	Physician/surgeon fees	0% coinsurance	20% coinsurance	Preauthorization is required. Ambulatory Surgery Center covered at 0% coinsurance/office visit; deductible does not apply.
If you need immediate medical attention	Emergency room care	0% coinsurance	0% coinsurance. (Plus any amount above the allowable charge up to the billed amount).	In order to be covered, Emergency Room Services must be for an Emergency Medical Condition.
	Emergency medical transportation	0% coinsurance	20% coinsurance	None
	<u>Urgent care</u>	0% coinsurance	20% coinsurance	Must be at a participating <u>Urgent Care</u> <u>provider</u> .
If you have a hospital stay	Facility fee (e.g., hospital room)	0% coinsurance	20% coinsurance	<u>Preauthorization</u> is required.

Common		What You	ı Will Pay	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-Of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Physician/surgeon fees	0% coinsurance	20% coinsurance	None
If you have mental health, behavioral health, or substance abuse needs	Outpatient services	0% coinsurance	20% coinsurance	Preauthorization is required for certain services.
	Inpatient services	0% coinsurance	20% coinsurance	<u>Preauthorization</u> is required for certain services.
If you are pregnant	Office visits	0% coinsurance	20% coinsurance	Prior <u>authorization</u> required No additional co-pay for ongoing routine care Home births are not covered
	Childbirth/delivery professional services	0% coinsurance	20% coinsurance	Prior <u>authorization</u> required No additional co-pay for ongoing routine care Home births are not covered
	Childbirth/delivery facility services	0% coinsurance	20% coinsurance	Prior <u>authorization</u> required No additional co-pay for ongoing routine care Home births are not covered
If you need help recovering or have other special health needs	Home health care	0% coinsurance	20% coinsurance	None
	Rehabilitation services	0% coinsurance	20% coinsurance	Preauthorization is required; 20 visits each/year. Includes physical therapy, speech therapy and occupational therapy.
	Habilitation services	Not covered	Not covered	None
	Skilled nursing care	0% coinsurance	20% coinsurance	Preauthorization is required; 120 days/year
	Durable medical equipment	0% coinsurance	20% coinsurance	Preauthorization is required; initial device only

Common		What You Will Pay			
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-Of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Hospice service	0% coinsurance	20% coinsurance	Preauthorization is required	
If your child needs dental or eye care	Children's eye exam	\$0 / exam for eyeglasses every Benefit Period \$45 / exam for contact lens fitting every Benefit Period	Not covered	For Members outside of the South Carolina service area, \$71 will be allowed toward the routine eye exam and a \$120 credit will apply to the purchase of eyewear. Claims must be filed by the Member.	
	Children's glasses	No charge (every other benefit period)	Not covered	Coverage limited to one pair of glasses/year.	
	Children's dental check-up	Not covered	Not covered	None	

### **Excluded Services & Other Covered Services:**

	Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)				
•	Acupuncture	•	Habilitation •	Routine foot care (Adult)	
-	Bariatric Surgery	•	Hearing aids		
•	Cosmetic Surgery	•	Infertility treatment		
١.	Dental Care (Adult)	•	Long-term care		

	Other Covered Services. (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)				
-	Chiropractic care	•	Private Duty Nursing	•	Weight loss programs (when participating in approved program)
	Non-emergency care when travelling outside U.S.	•	Routine eve care (Adult)		

## **Your Rights to Continue Coverage:**

There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <a href="https://www.dol.gov/agencies/ebsa">https://www.dol.gov/agencies/ebsa</a>, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you, too, including buying individual insurance coverage through the <a href="https://www.delath.com/health-labor-1880-318-2596">https://www.delath.com/health-labor-1880-318-2596</a>. For more information about the <a href="https://www.delath.com/health-labor-1880-318-2596">Marketplace</a>. For more information about the <a href="https://www.delath.com/health-labor-1880-318-2596">https://www.delath.com/health-labor-1880-318-2596</a>.

### **Your Grievance and Appeals Rights:**

There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: BlueChoice HealthPlan at 1-800-868-2528 or visit <a href="https://www.BlueChoiceSC.com">https://www.BlueChoiceSC.com</a>, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <a href="https://www.dol.gov/agencies/ebsa">https://www.dol.gov/agencies/ebsa</a>, or the South Carolina Department of Insurance, Consumer Services Division, Post Office Box 100105, Columbia, SC 29202-3105, telephone: 803-737-6180, Email: <a href="mailto:consumers@doi.sc.gov">consumers@doi.sc.gov</a>.

## Does this Plan Provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

### Does this Plan Meet the Minimum Value Standard? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-868-2528

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-868-2528

Chinese: (中文): 如果需要中文的帮助,请拨打这个号码 1-800-868-2528

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-868-2528

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# **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the cost-sharing amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

## Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u> \$3,000

■ Specialist Coinsurance 0%

■ Hospital (facility) Coinsurance 0%

■ Other Coinsurance 0%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700	
In this example, Peg would pay:		
Cost Sharing		
Deductibles*	\$3,000	
Copayments	\$0	
Coinsurance	\$0	
What isn't covered	<del>d</del>	
Limits or exclusions	\$60	
The total Peg would pay is	\$3,060	

## Managing Joe's Type 2 Diabetes (a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible \$3,000

Specialist Coinsurance 0%

■ Hospital (facility) Coinsurance 0%

Other Coinsurance

#### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)

0%

Diagnostic tests (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

Total Example Cost	\$5,600
In this example, Joe would pay:	
Cost Sharing	
Deductibles*	\$3,000
Copayments	\$0
Coinsurance	\$0
What isn't covere	ed
Limits or exclusions	\$20
The total Joe would pay is	\$3,020

# Mia's Simple Fracture (in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u> \$3,000

■ <u>Specialist Coinsurance</u> 0%

■ Hospital (facility) Coinsurance 0%

■ Other Coinsurance 0%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
In this example, Mia would pay:	
Cost Sharing	
Deductibles*	\$2,400
<u>Copayments</u>	\$0
Coinsurance	\$0
What isn't cover	red
Limits or exclusions	\$0
The total Mia would pay is	\$2,400

Note: These numbers assume the patient does not participate in the <u>plan's</u> wellness program. If you participate in the <u>plan's</u> wellness program, you may be able to reduce your costs. For more information about the wellness program, please contact: www.BlueChoiceSC.com or by calling 1-800-868-2528..

\*Note: This plan has other <u>deductibles</u> for specific services included in this coverage example. See "Are there other deductibles for specific services?" row above.

#### **Non-Discrimination Statement and Foreign Language Access**

We do not discriminate on the basis of race, color, national origin, disability, age, sex, gender identity, sexual orientation or health status in our health plans, when we enroll members or provide benefits.

If you or someone you're assisting is disabled and needs interpretation assistance, help is available at the contact number posted on our website or listed in the materials included with this notice (TDD: 711).

Free language interpretation support is available for those who cannot read or speak English by calling one of the appropriate numbers listed below.

If you think we have not provided these services or have discriminated in any way, you can file a grievance by emailing contact@hcrcompliance.com or by calling our Compliance area at 1-800-832-9686 or the U.S. Department of Health and Human Services, Office for Civil Rights at 1-800-368-1019 or 1-800-537-7697 (TDD).

Si usted, o alguien a quien usted está ayudando, tiene preguntas acerca de este plan de salud, tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete, llame al 1-844-396-0183. (Spanish)

如果您,或是您正在協助的對象,有關於本健康計畫方面的問題,您有權利免費以您的母語得到幫助和訊息。洽詢一位翻譯員,請撥 1-844-396-0188。(Chinese)

Nếu quý vị, hoặc là người mà quý vị đang giúp đỡ, có những câu hỏi quan tâm về chương trình sức khỏe này, quý vị sẽ được giúp đở với các thông tin bằng ngôn ngữ của quý vị miễn phí. Để nói chuyện với một thông dịch viên, xin gọi 1-844-389-4838 (Vietnamese)

이 건강보험에 관하여 궁금한 사항 혹은 질문이 있으시면 1-844-396-0187로 연락해 주십시오. 귀하의 비용 부담없이 한국어로 도와드립니다. (Korean)

Kung ikaw, o ang iyong tinutulungan, ay may mga katanungan tungkol sa planong pangkalusugang ito, may karapatan ka na makakuha ng tulong at impormasyon sa iyong wika nang walang gastos. Upang makausap ang isang tagasalin, tumawag sa 1-844-389-4839. (Tagalog)

Если у Вас или лица, которому вы помогаете, имеются вопросы по поводу Вашего плана медицинского обслуживания, то Вы имеете право на бесплатное получение помощи и информации на русском языке. Для разговора с переводчиком позвоните по телефону 1-844-389-4840. (Russian)

إن كان لديك أو لدى شخص تساعده أسئلة بخصوص خطة الصحة هذه، فلديك الحق في الحصول على المساعدة والمعلومات الضرورية بلغتك من دون اية تكلفة للتحدث مع مترجم اتصل ب 0189-844-396-1.

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Si ou menm oswa yon moun w ap ede gen kesyon konsènan plan sante sa a, se dwa w pou resevwa asistans ak enfòmasyon nan lang ou pale a, san ou pa gen pou peye pou sa. Pou pale avèk yon entèprèt, rele nan 1-844-398-6232. (French/Haitian Creole) Si vous, ou quelqu'un que vous êtes en train d'aider, avez des questions à propos de ce plan médical, vous avez le droit d'obtenir gratuitement de l'aide et des informations dans votre langue. Pour parler à un interprète, appelez le 1-844-396-0190. (French) Jeśli Ty lub osoba, której pomagasz, macie pytania odnośnie planu ubezpieczenia zdrowotnego, masz prawo do uzyskania bezpłatnej informacji i pomocy we własnym języku. Aby porozmawiać z tłumaczem, zadzwoń pod numer 1-844-396-0186. (Polish) Se você, ou alguém a quem você está ajudando, tem perguntas sobre este plano de saúde, você tem o direito de obter ajuda e informação em seu idioma e sem custos. Para falar com um intérprete, ligue para 1-844-396-0182. (Portuguese) Se tu o qualcuno che stai aiutando avete domande su questo piano sanitario, hai il diritto di ottenere aiuto e informazioni nella tua lingua gratuitamente. Per parlare con un interprete, puoi chiamare 1-844-396-0184. (Italian) あなた、またはあなたがお世話をされている方が、この健康保険についてご質問がございましたら、ご希望の言語でサポートを受けたり、 情報を入手したりすることができます。料金はかかりません。通訳 とお話される場合、1-844-396-0185 までお電話ください。 (Japanese) Falls Sie oder jemand, dem Sie helfen, Fragen zu diesem Krankenversicherungsplan haben bzw. hat, haben Sie das Recht, kostenlose Hilfe und Informationen in Ihrer Sprache zu erhalten. Um mit einem Dolmetscher zu sprechen, rufen Sie bitte die Nummer 1-844-396-0191 an. (German) اگر شما یا فردی که به او کمک می کنید سؤالاتی در بارهی این برنامهی بهداشتی داشته باشید، حق این را دارید که کمک و اطلاعات به زبان خود را به طور رایگان دریافت کنید. برای صحبت کردن با مترجم، لطفأ با شمارهی (Persian-Farsi) . تماس حاصل نمایید 1-844-398-6233

Ni da doodago t'áá háída bíká'aná nílwo'ígíí díí Béeso Ách'ááh naa'nilígi háá'ída yí na' ídíł kidgo, nihá'áhóót'i' nihí ká'a'doo wołgo kwii ha'át'íshíí bí na'ídołkidígi doo bik'é'azláagóó. Ata' halne'é ła' bich'í' ha desdzih nínízingo, koji' béésh bee hólne' 1-844-516-6328. (Navajo)

Vann du adda ebbah es du am helfa bisht, ennichi questions hend veyyich deah health plan, hend diah's recht fa hilf un information greeya in eiyah aykni shprohch unni kosht. Fa shvetza mitt en interpreter, roof deah nummah oh 1-833-584-1829. (Pennsylvania Dutch)

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