



How to use Care Cash and make the most of it

Care Cash™ is a preloaded debit card that helps guide you to more cost-effective and convenient care. Use it in place of a credit or debit card to help pay for eligible expenses.



Virtual Visits

When you need care—anytime, day or night—Virtual Visits may be a convenient option. From treating flu and fevers to caring for migraines and allergies, you can chat with a doctor 24/7 by phone or video through your mobile device,* tablet or computer.



Primary care

A primary care provider (PCP) is the doctor who knows you best—they're the first person you call with medical questions and issues. PCPs help guide you to the care you need—and may help you avoid surprise costs, save time and make the best use of your health care.



UnitedHealth Premium Care Physicians

The UnitedHealth Premium® program can help you find doctors who meet benchmarks—based on national standards—for quality and cost efficiency. When searching for a Premium Care Specialist on myuhc.com® or the UnitedHealthcare® app, look for two blue hearts near the doctor's name.



Urgent care

Urgent care clinics offer treatment for non-life-threatening injuries or illnesses, like sprains and minor burns. These clinics are staffed by physicians and care teams.

Learn more

Visit myuhc.com/carecash

United
Healthcare

*Data rates may apply.

Virtual Visits phone and video chat with a doctor are not an insurance product, health care provider or a health plan. Unless otherwise required, benefits are available only when services are delivered through a Designated Virtual Network Provider. Virtual Visits are not intended to address emergency or life-threatening medical conditions and should not be used in those circumstances. Services may not be available at all times, or in all locations, or for all members. Check your benefit plan to determine if these services are available.

Care Cash provides a card pre-loaded with funds which can be used for certain health care expenses in connection with a health insurance plan. The information provided in connection with Care Cash is for general informational purposes only and is not intended to be nor should be construed as medical advice. Individuals should consult an appropriate health care professional to determine what may be right for them.

Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates.

The UnitedHealth Premium® designation program is a resource for informational purposes only. Designations are displayed in UnitedHealthcare online physician directories at myuhc.com®. You should always visit myuhc.com for the most current information. **Premium designations are a guide to choosing a physician and may be used as one of many factors you consider when choosing a physician. If you already have a physician, you may also wish to confer with him or her for advice on selecting other physicians. You should also discuss designations with a physician before choosing him or her. Physician evaluations have a risk of error and should not be the sole basis for selecting a physician.** Please visit myuhc.com for detailed program information and methodologies.