Coverage for: Individual + Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, contact PAI at 1-800-768-4375 or visit www.paisc.com. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at www.paisc.com.com or call 1-800-768-4375 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$800 individual / \$1,600 family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Preventive care, primary care, prescription drugs and urgent care are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$4,000 individual / \$8,000 family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, penalties, <u>prescription</u> drugs, <u>balance-billing</u> charges and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out–of–pocket limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.paisc.com or call 1-800-768-4375 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common		What You Will Pay		Limitations, Exceptions, & Other Important
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information
	Primary care visit to treat an injury or illness	\$30 <u>copay</u> /visit; <u>deductible</u> does not apply	40% coinsurance	Includes <u>primary care</u> visits for mental/behavioral health and substance abuse services.
	Specialist visit	\$30 <u>copay</u> /visit; <u>deductible</u> does not apply	40% coinsurance	None
If you visit a health care <u>provider's</u> office or clinic	Preventive care/screening/ immunization	No charge; <u>deductible</u> does not apply.	40% coinsurance	You may have to pay for services that aren't preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay for. Routine gynecological exams and prostate exams are limited to one per coverage period. Routine mammograms are limited to one mammogram between the ages of 35 and 39 and each year for women 40 and over. Routine colonoscopies are subject to ACA age guidelines. This plan's benefit year/coverage period runs from 10/01 – 9/30.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	\$30 <u>copay</u> /test; <u>deductible</u> does not apply	40% coinsurance	Tests associated with an office visit but billed separately: 30% coinsurance after deductible for network providers and 40% coinsurance after deductible for out-of-network providers.
	Imaging (CT/PET scans, MRIs)	30% coinsurance	40% coinsurance	None

 $^{^{\}star}$ For more information about limitations and exceptions, see the plan or policy document at www.paisc.com.

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All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

- Coparino		What You Wil	II Pay		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Generic drugs	\$10 copay/prescription (retail); \$20 copay/prescription (mail order); deductible does not apply to prescription drugs	Not Covered	Covers up to a 34 day supply (retail prescription); 90 day supply (mail order prescription).	
If you need drugs to treat your illness or	Preferred brand drugs	\$35 <u>copay</u> /prescription (retail); \$70 <u>copay</u> /prescription (mail order); <u>deductible</u> does not apply to <u>prescription drugs</u>	Not Covered	There is a seperate annual <u>out-of-pocket limit</u> for <u>prescription drugs</u> of \$5,000 individual / \$10,000 family. Once member meets their <u>out-of-pocket limit</u> , member pays zero cost for	
condition More information about prescription drug coverage is available at www.paisc.com.	Non-preferred brand drugs	\$70 copay/prescription (retail); \$140 copay/prescription (mail order); deductible does not apply to prescription drugs	Not Covered	prescription drugs. Some medications may be subject to generic penalty, prior authorization, step therapy	
	Specialty drugs	\$250 copay/prescription (34 day supply); \$500 copay/prescription (35-90 day supply); deductible does not apply to prescription drugs	Not Covered	and/or quantity limits. Contact customer service at 1-855-260-0974 for more information. For questions regarding specialty drug cost, please contact Optum Specialty Pharmacy at 1-877-259-9428.	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	30% coinsurance	40% coinsurance	None	
surgery	Physician/surgeon fees	30% coinsurance	40% coinsurance	None	
If you need immediate	Emergency room care	30% <u>coinsurance</u>	30% <u>coinsurance</u>	None	
medical attention	Emergency medical transportation	30% coinsurance	30% coinsurance	None	
	<u>Urgent care</u>	\$30 <u>copay</u> /visit; <u>deductible</u> does not apply	40% coinsurance	None	

^{*} For more information about limitations and exceptions, see the plan or policy document at www.paisc.com.



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common		What Y	ou Will Pay	Limitations, Exceptions, & Other Important
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information
If you have a hospital stay	Facility fee (e.g., hospital room)	30% coinsurance	40% coinsurance	<u>Preauthorization</u> is required. If you do not get <u>preauthorization</u> room and board charges will be denied.
- Cuy	Physician/surgeon fees	30% coinsurance	40% coinsurance	None
If you need mental	Outpatient services	30% coinsurance	40% coinsurance	Preauthorization is required.
health, behavioral health, or substance abuse services	Inpatient services	30% coinsurance	40% coinsurance	<u>Preauthorization</u> is required. If you do not get <u>preauthorization</u> room and board charges will be denied.
	Office visits	30% coinsurance	40% coinsurance	Cost sharing does not apply to certain
If you are pregnant	Childbirth/delivery professional services	30% coinsurance	40% coinsurance	preventive services. Depending on the type of services, copayment may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).
	Childbirth/delivery facility services	30% coinsurance	40% coinsurance	<u>Preauthorization</u> is required. If you do not get <u>preauthorization</u> room and board charges will be denied.

^{*} For more information about limitations and exceptions, see the plan or policy document at www.paisc.com.

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All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common		What Yo	ou Will Pay	Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
	Home health care	30% coinsurance	40% coinsurance	Limited to 100 visits per coverage period.	
	Rehabilitation services	30% coinsurance	40% coinsurance	Preauthorization is required for Inpatient	
	Habilitation services	30% coinsurance	40% coinsurance	services. If you do not get <u>preauthorization</u> , you will be responsible for the first \$500.	
If you need help recovering or have other special health needs	Skilled nursing care	30% coinsurance	40% coinsurance	Within 7 days of a 5-day stay; limited to 60 days per coverage period. <u>Preauthorization</u> is required. If you do not get <u>preauthorization</u> , room and board charges will be denied.	
necus	Durable medical equipment	30% coinsurance	40% coinsurance	<u>Preauthorization</u> required if charges are \$500 or more. If you do not get <u>preauthorization</u> , you will be responsible for the first \$500.	
	Hospice services	30% coinsurance	40% coinsurance	Limited to 30 days for inpatient services and 40 visits for outpatient services per coverage period.	
	Children's eye exam	No charge	No charge	Limited to \$500 per coverage period for each	
If your child needs dental or eye care	Children's glasses	No charge	No charge	employee and \$250 per coverage period for each covered dependent. This includes exams/lenses/frames combined.	
	Children's dental check-up	Not applicable	Not applicable	Covered under Delta Dental policy.	

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

 Acupuncture Bariatric surgery Cosmetic surgery Infertility treatment Long-term care Non-emergency care when traveling outside the U.S. 	Routine foot careWeight loss programs
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Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Chiropractic care (\$500/year)
- Dental care (Adult) under Delta Dental Policy
- Hearing aids

- Private-duty nursing
- Routine eye care (Adult)

^{*} For more information about limitations and exceptions, see the plan or policy document at www.paisc.com.

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform/ Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323x61565 or www.cciio.cms.gov / Planned Administrators Inc. at 1-800-768-4375 or visit www.paisc.com. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <u>www.dol.gov/ebsa/healthreform/</u> Planned Administrators Inc. at 1-800-768-4375 or visit <u>www.paisc.com</u> or you can contact your employer's human resources department at 1-803-255-8484.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-768-4375.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-768-4375.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-800-768-4375.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-768-4375.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$800
■ <u>Specialist copayment</u>	\$30
■ Hospital (facility) coinsurance	30%
■ Other coinsurance	30%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700

In this example, Peg would pay:

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Cost Sharing			
<u>Deductibles</u>	\$800		
Copayments	0		
Coinsurance	\$3200		
What isn't covered			
Limits or exclusions	\$60		
The total Peg would pay is	\$4,060		

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$800
■ Specialist copayment	\$30
■ Hospital (facility) coinsurance	30%
■ Other coinsurance	30%

This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)

Diagnostic tests (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

Total Example Cost	\$5,600

In this example, Joe would pay:

Cost Sharing	
<u>Deductibles</u>	\$100
Copayments	\$1400
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$20
The total Joe would pay is	\$1,520

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$800
■ Specialist copayment	\$30
■ Hospital (facility) coinsurance	30%
■ Other coinsurance	30%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800

In this example, Mia would pay:

Cost Sharing	
<u>Deductibles</u>	\$800
Copayments	\$100
Coinsurance	\$500
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$1,400